



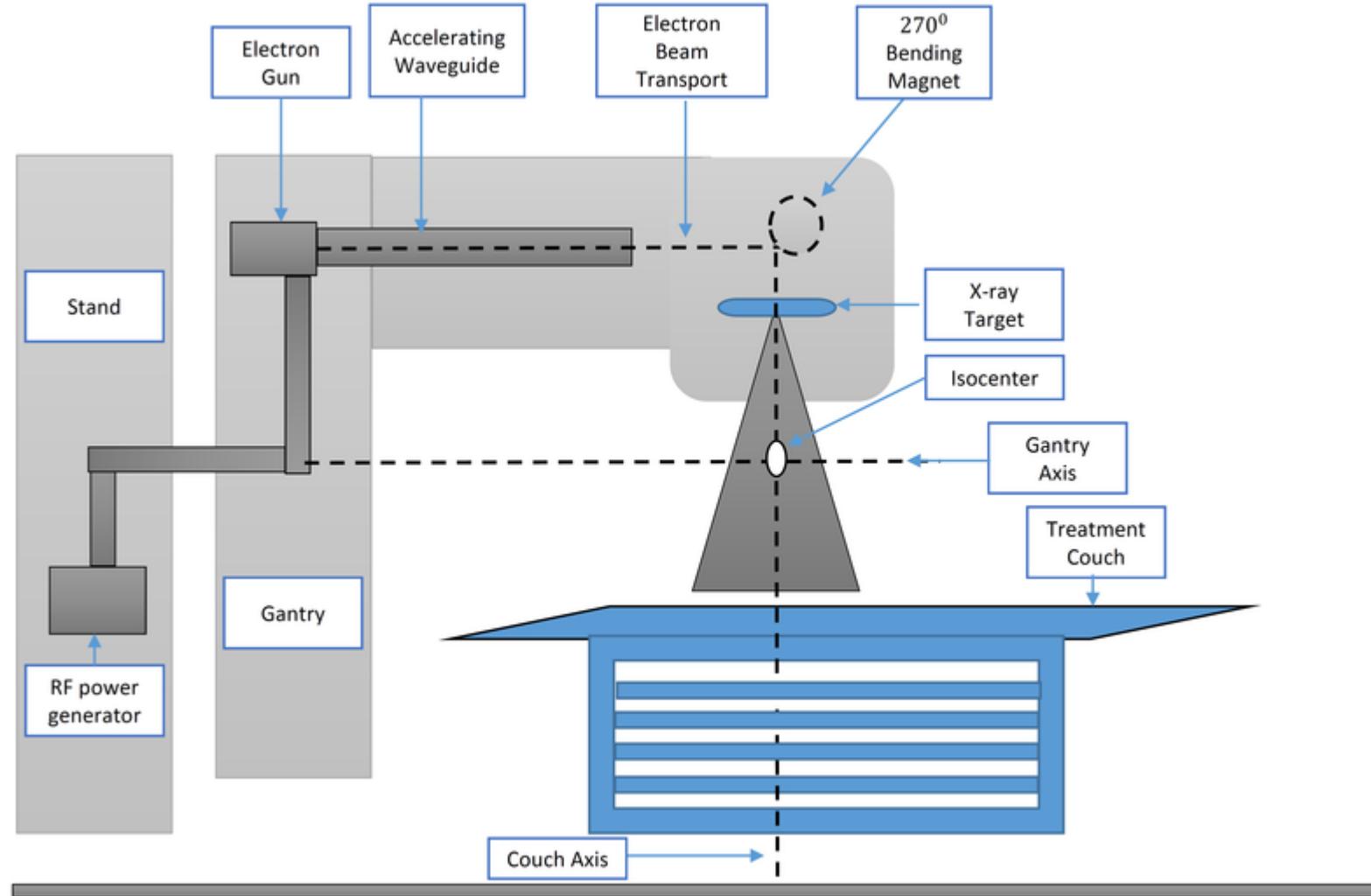
# Modaliteti i tehnike radioterapije

doc dr Neda Milosavljević  
doc dr Marija Živković Radojević

# PODELA RADIOTERAPIJE PREMA UDALJENOSTI IZVORA ZRAČENJA

- Sa određene distance od površine tela i/ili tumora (teleradioterapija, transkutana radioterapija)
- Iz neposredne blizine (brahiterapija)

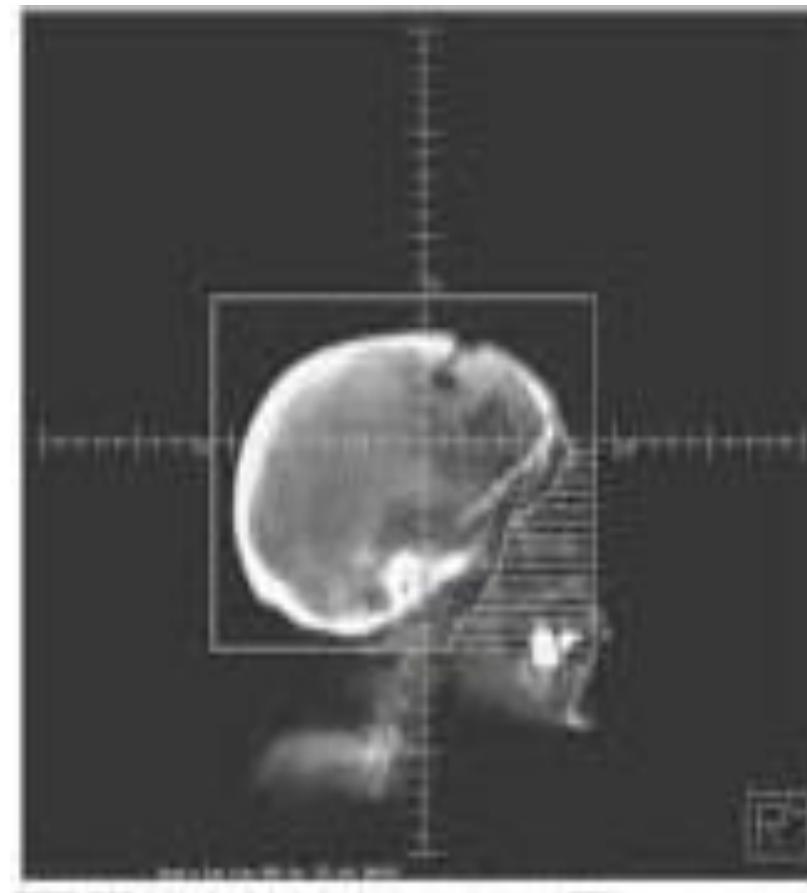
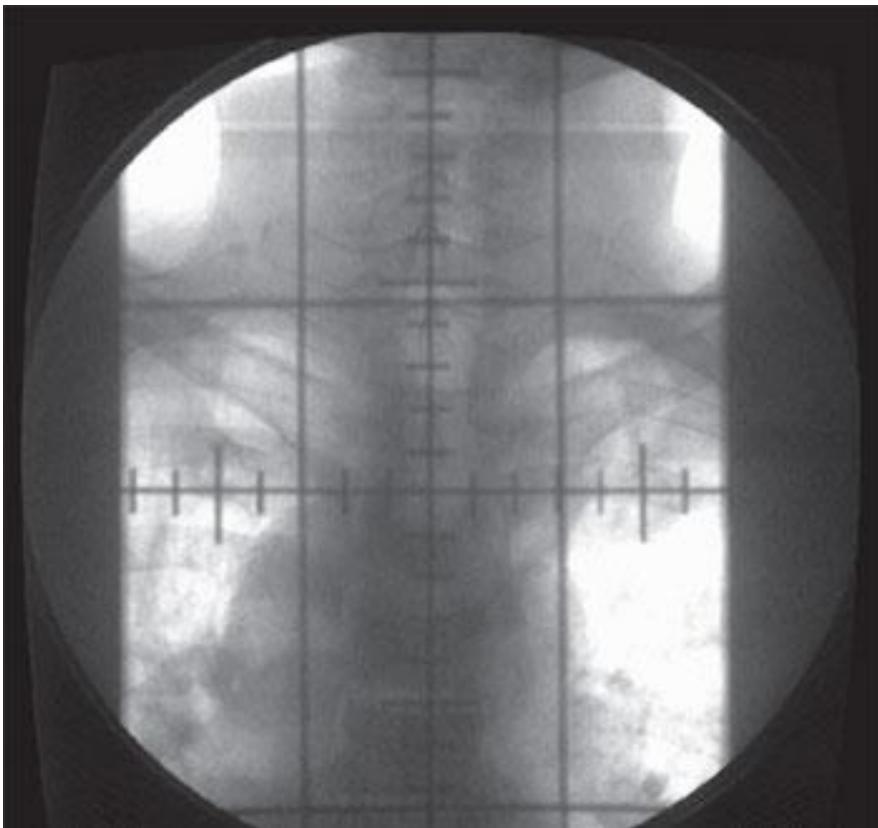
# Radioterapijski aparati – linearni akceleratori



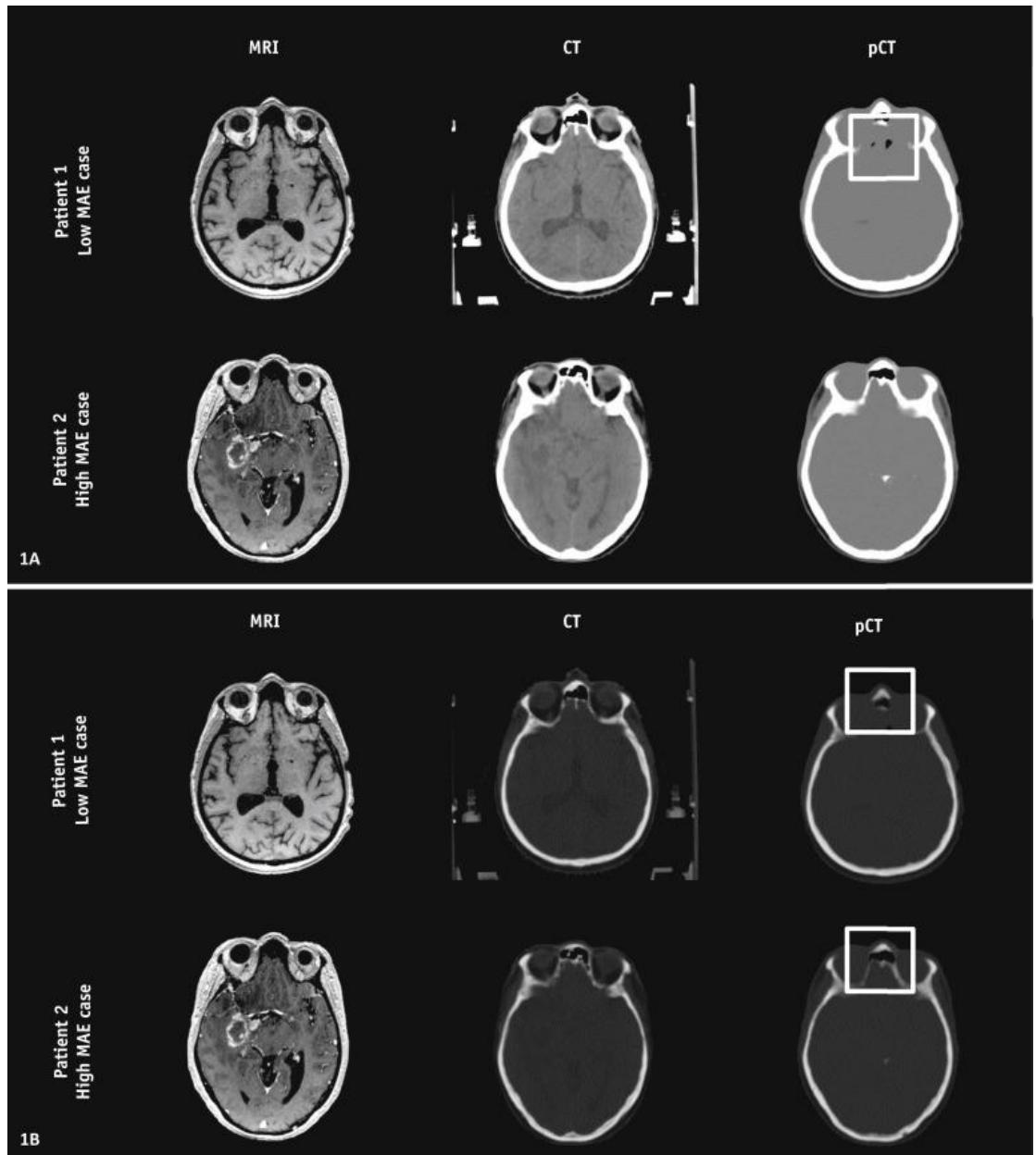
Saeed BS. 2014.

# Ro simulator



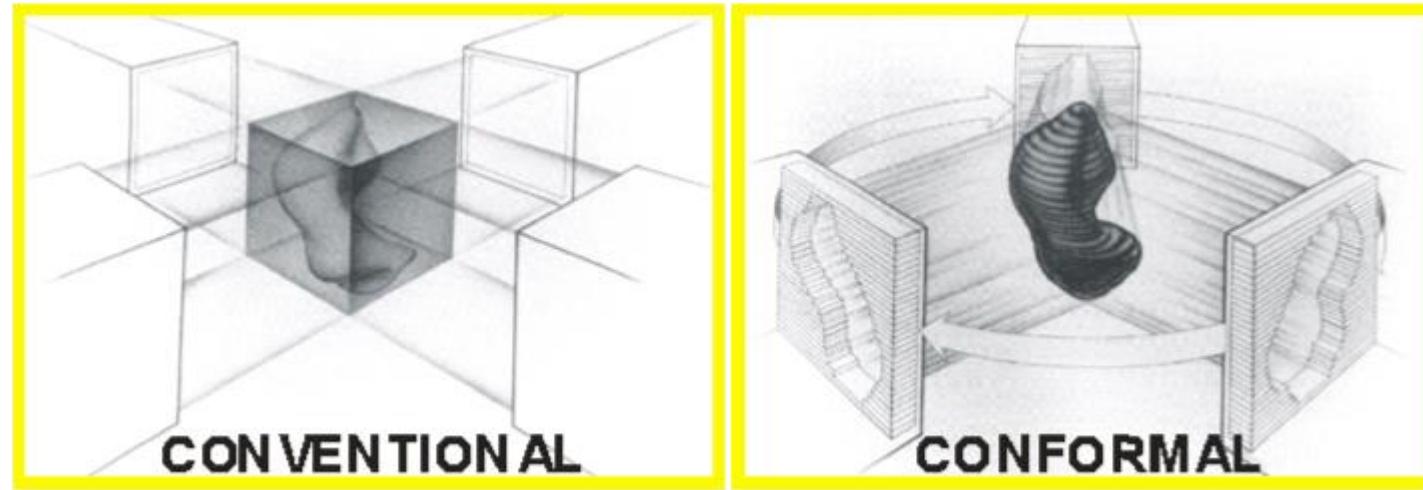


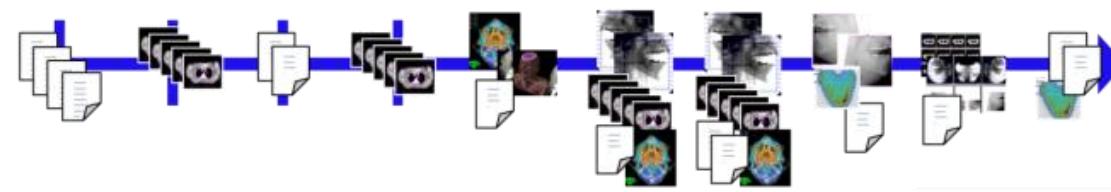
# CT/MR simulator



- Andres A. E. Int J of Radiation Oncology, Biology, Physics. , 2020.

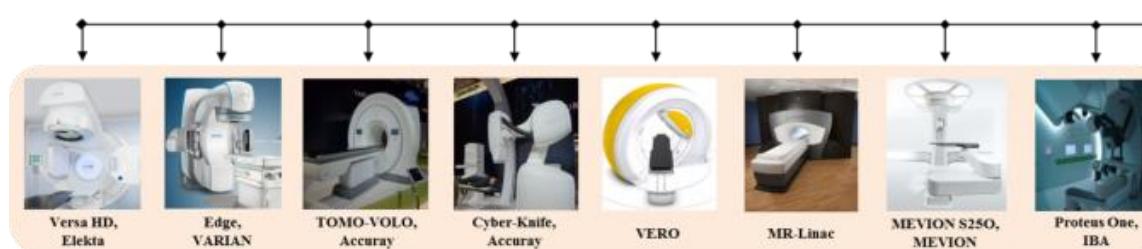
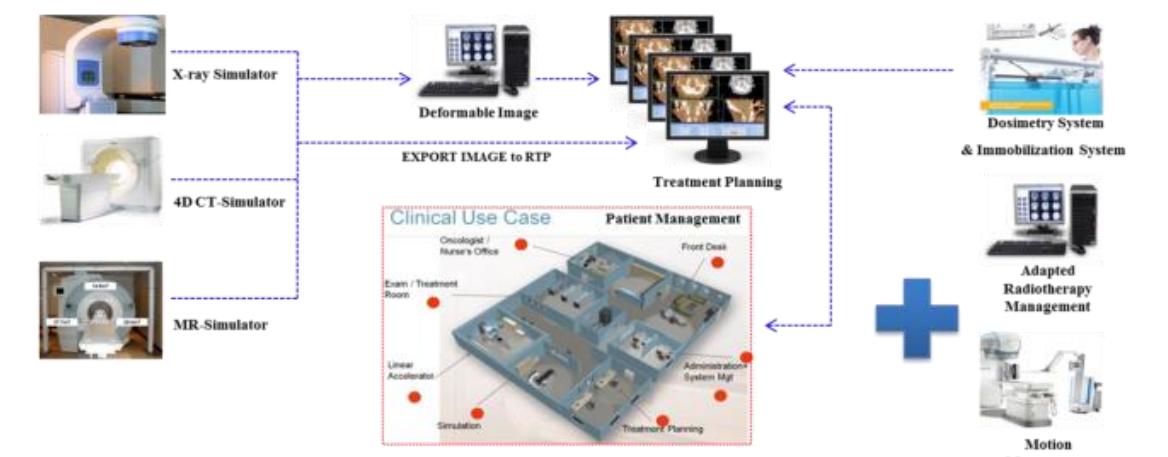
# PRECIZNA ISPORUKA MAKSIMALNE RADIOTERAPIJSKE DOZE U TUMORSKOM TKIVU UZ MINIMALNO OŠTEĆENJE OKOLNOG, ZDRAVOG TKIVA



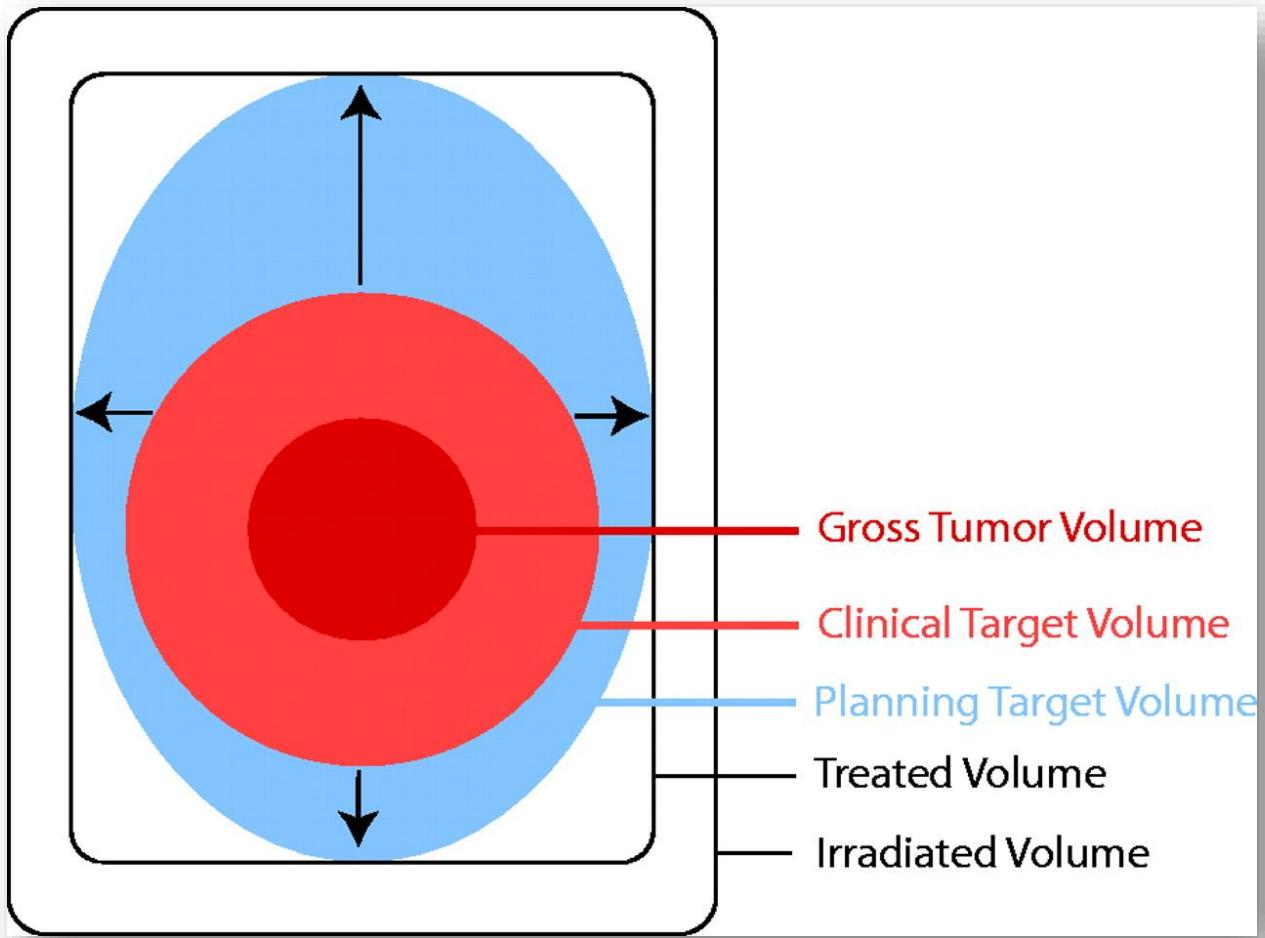


2007 VARIAN courtesy

(b)



Lee S. 2014.  
Evolution of Ionizing Radiation Research



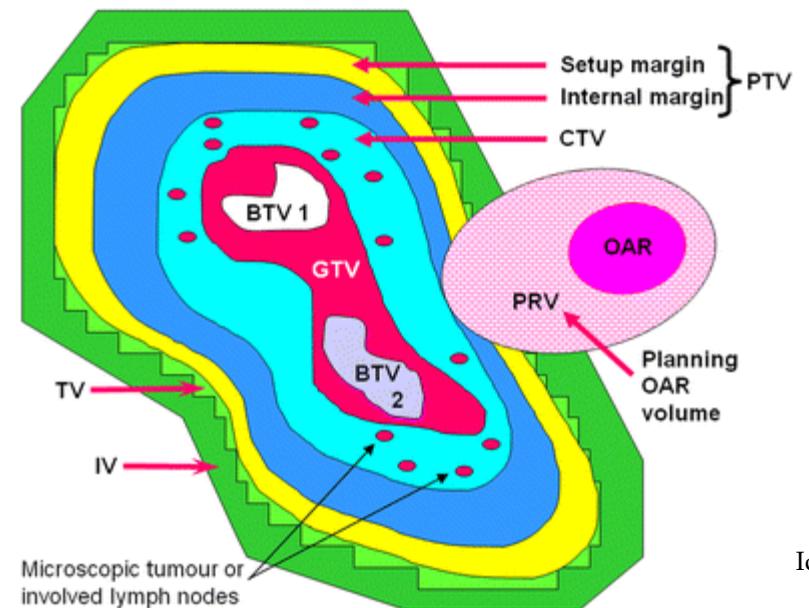
- Konformalna radioterapija (CRT) – počeci 1960.
- Razvoj imaging metoda (CT, MRI, PET), informacione tehnologije, savremeni radioterapijski uređaju - omogućen razvoj CRT
- Lokalna kontrola bolesti u funkciji isporučene doze
- Pošteda okolnih, zdravih tkiva
- Eskalacija doze

# Target volumeni

- Gross Tumor Volume (GTV): vidljivi deo tumora (ili limfnog čvora), Nakon radikalno operisanog tumora (R0 resekcija) GTV nije vidljiv.
- Clinical Target Volume (CTV): obuhvata zonu mikroskopskog širenja malignih ćelija oko vidljivog dela tumora.
- Planning Target Volume (PTV): margina koja pokriva varijacije položaja CTV-a a nastaje zbog: varijacija u preciznosti, fizioloških pokreta.

# Organs at Risk (OAR - organi pod rizikom)

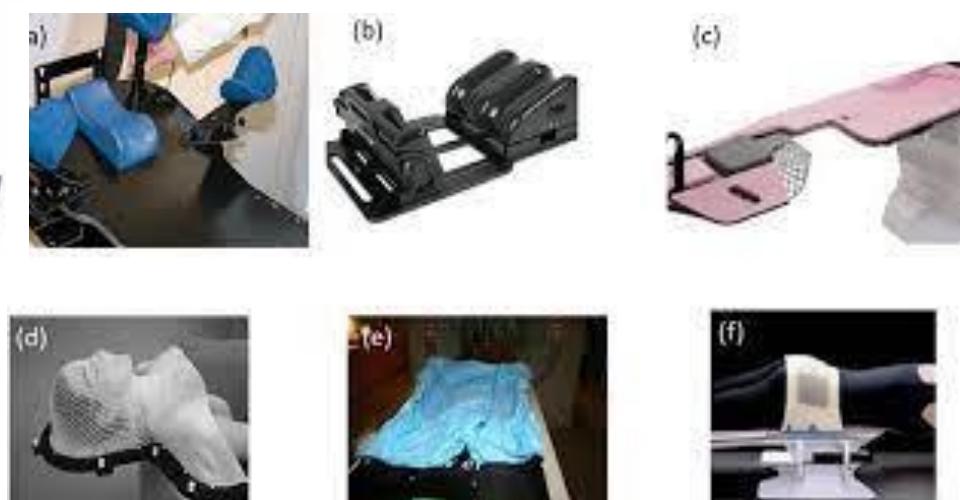
- Zdrava, okolna tkiva, o čijoj poštedi/radiosenzitivnosti se vodi računa pri izradi plana zračenja i sprovodenju lečenja radioterapijom
- 3D model „virtuelnog pacijenta”, s volumnim prikazom geometrije ciljnog volumena i prostornih odnosa ciljnog volumena i OAR



Icru 52.

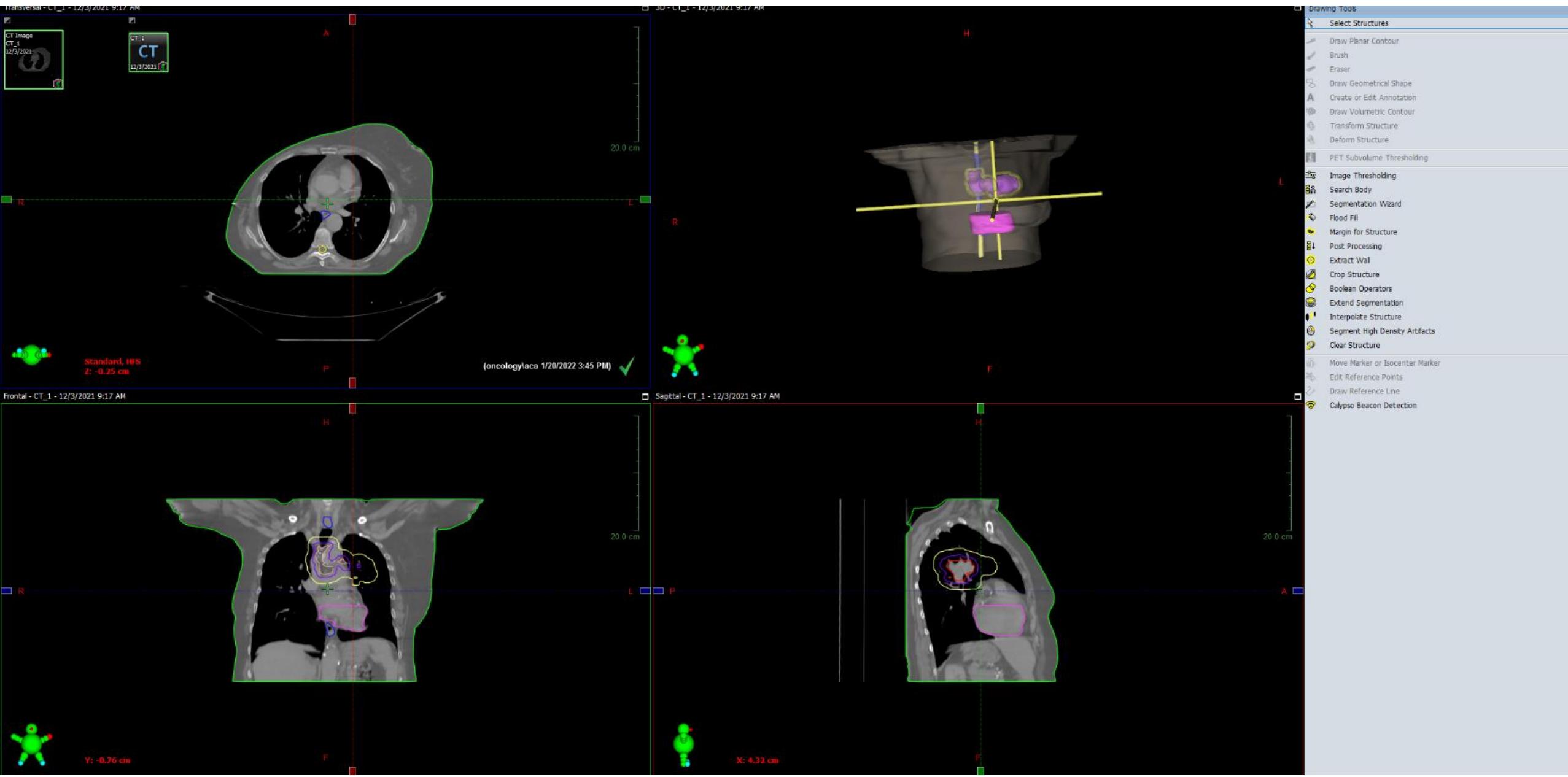
# POZICIONIRANJE I IMOBILIZACIJA PACIJENTA

- Prva odluka u procesu planiranja radioterapije je pozicioniranje
- Zavisi od lokalizacije tumora i imobilizacionih uređaja koji su na raspolaganju
- I više od 30 radioterapijskih frakcija tokom jednog tretmana - bitno adekvatno pozicioniranje i imobilizacija koji treba da omoguće visoku preciznost u sprovođenju planirane RT



# 3D CRT

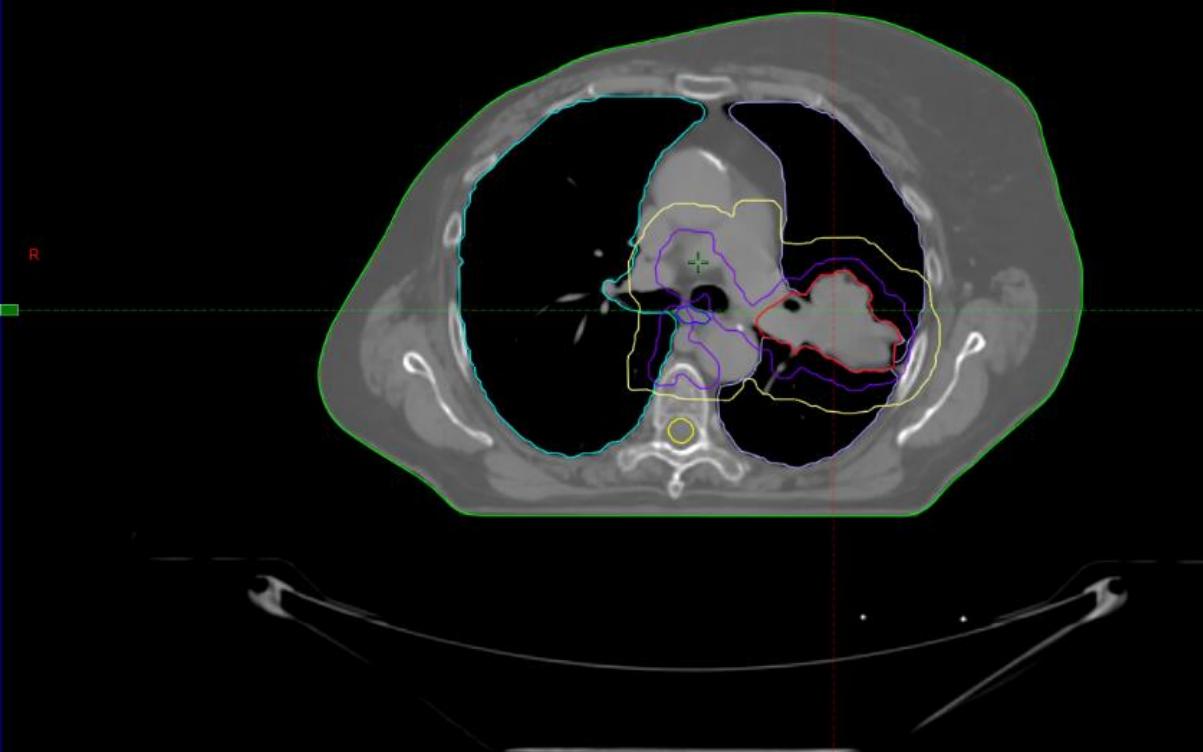
- Trodimenzionalna (3D) konformalna radioterapija je precizna tehnika, koja se bazira na trodimenzionalnom volumetrijskom definisanju tumora i okolnih zdravih organa.
- Predstavlja minimum standarda danas
- Koristi se prethodnih 20 godina



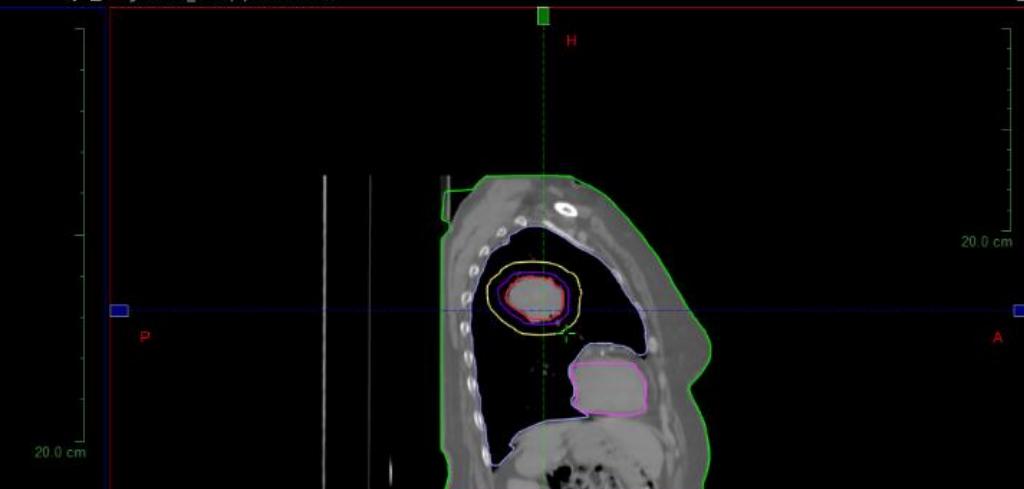
File Edit View Measure Structure 4D Tools

Selection Contouring Image Registration External Beam Planning Brachytherapy Planning Brachytherapy 2D Entry Plan Evaluation

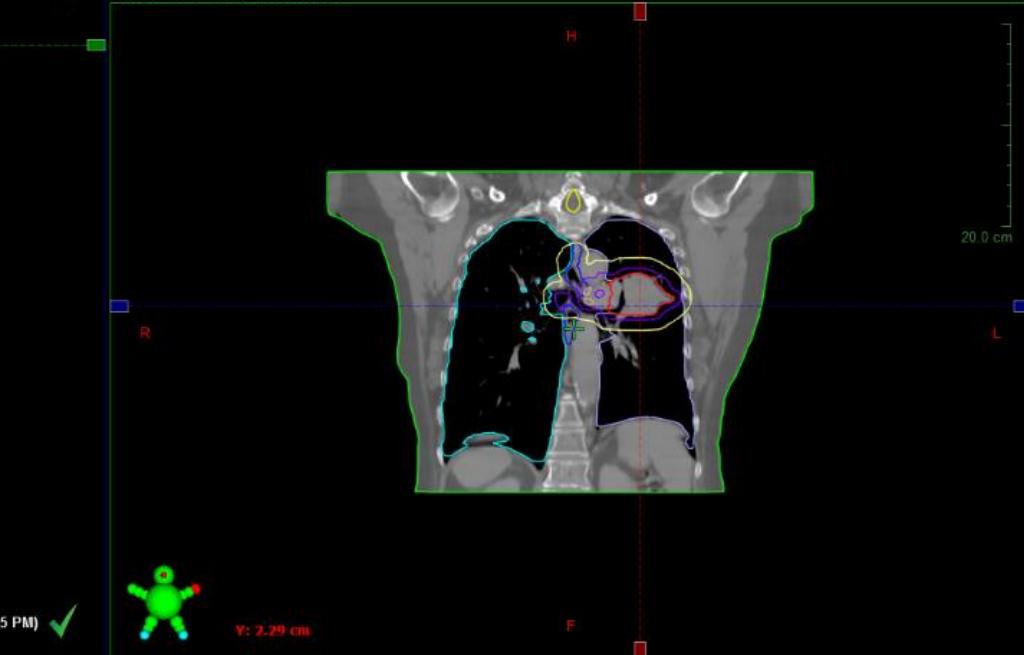
Transversal - CT\_1 - 12/3/2021 9:17 AM



Sagittal - CT\_1 - 12/3/2021 9:17 AM

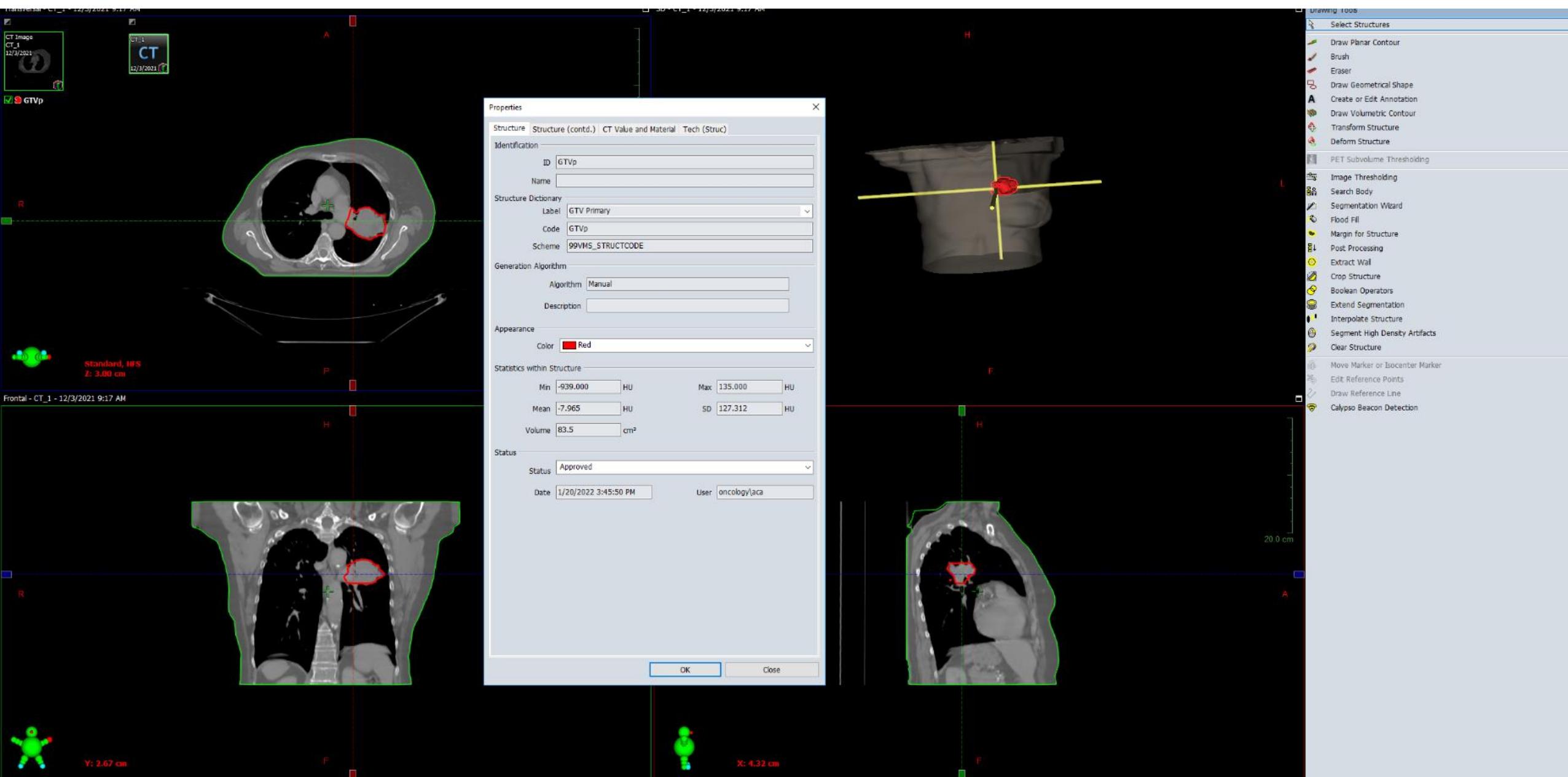


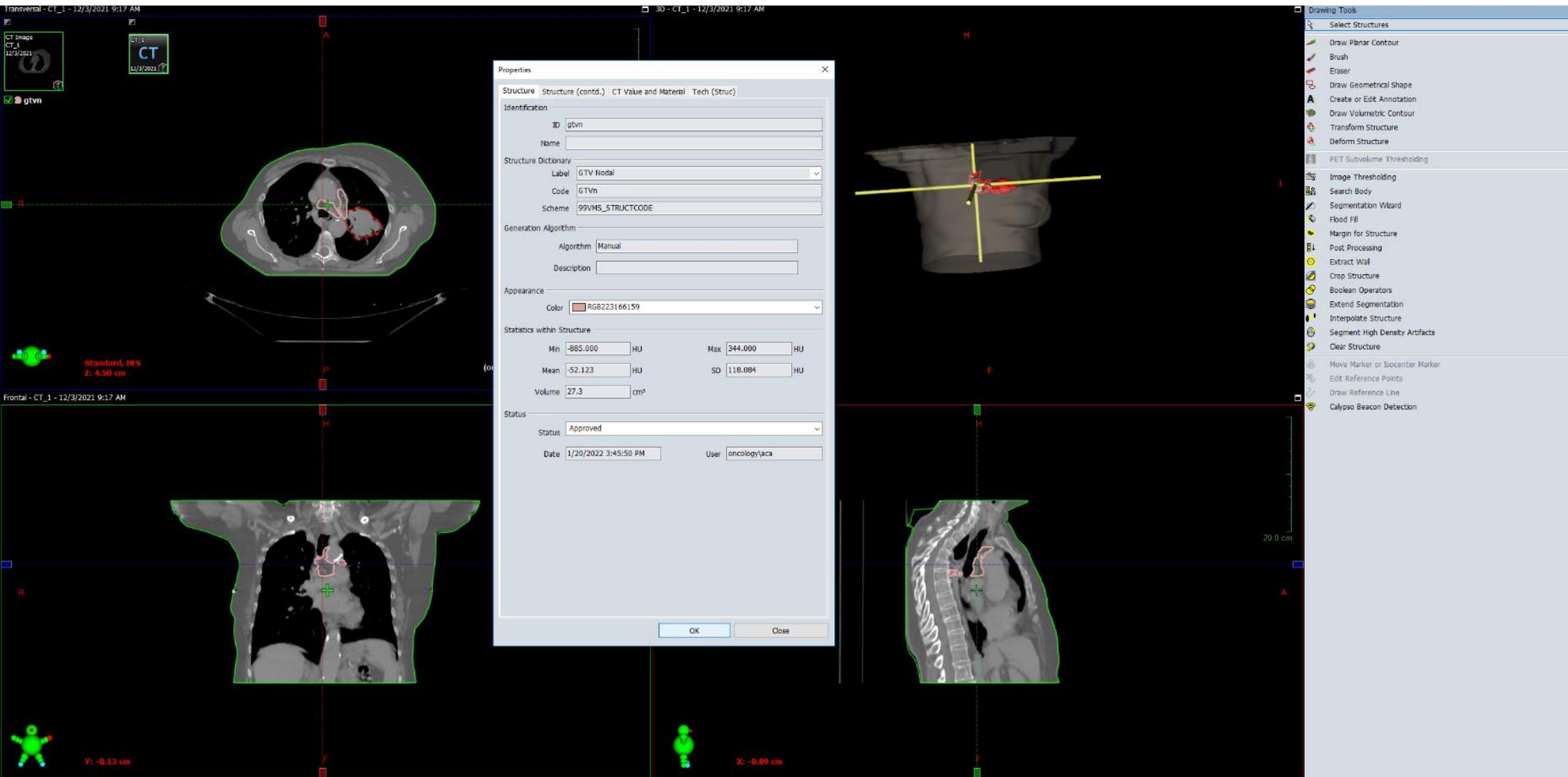
Frontal - CT\_1 - 12/3/2021 9:17 AM

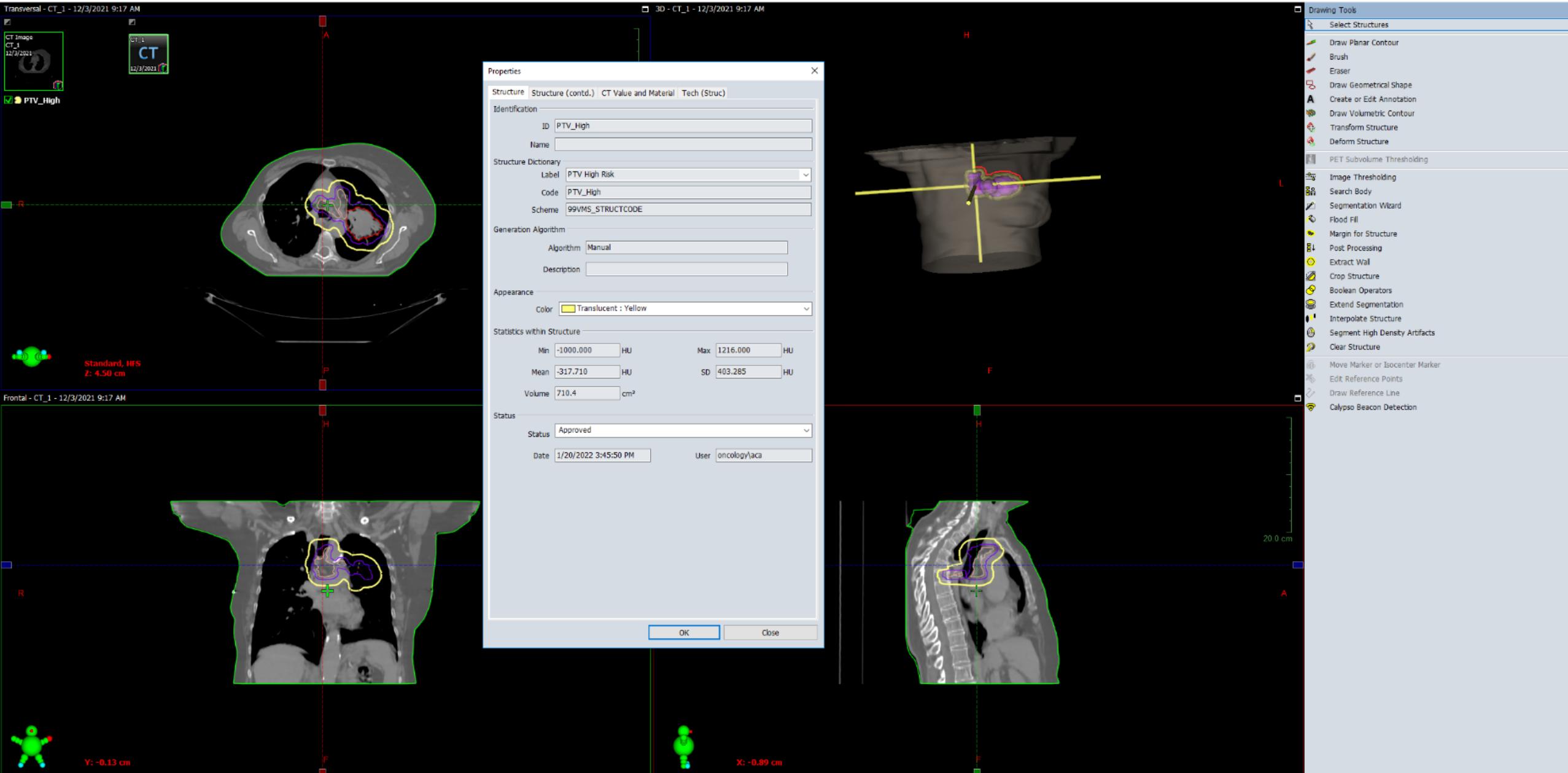


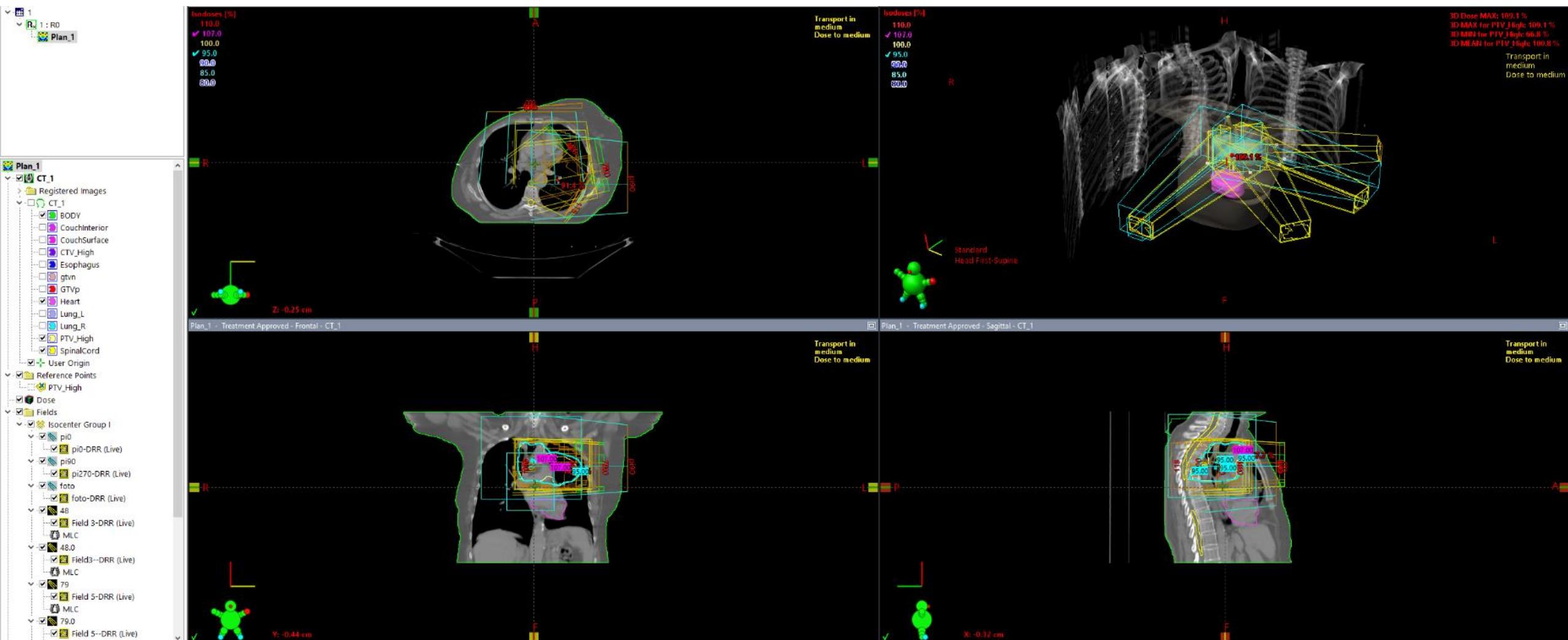
Standard, MFS  
E: 2.25 cm

(oncology)aca 1/20/2022 3:45 PM ✓





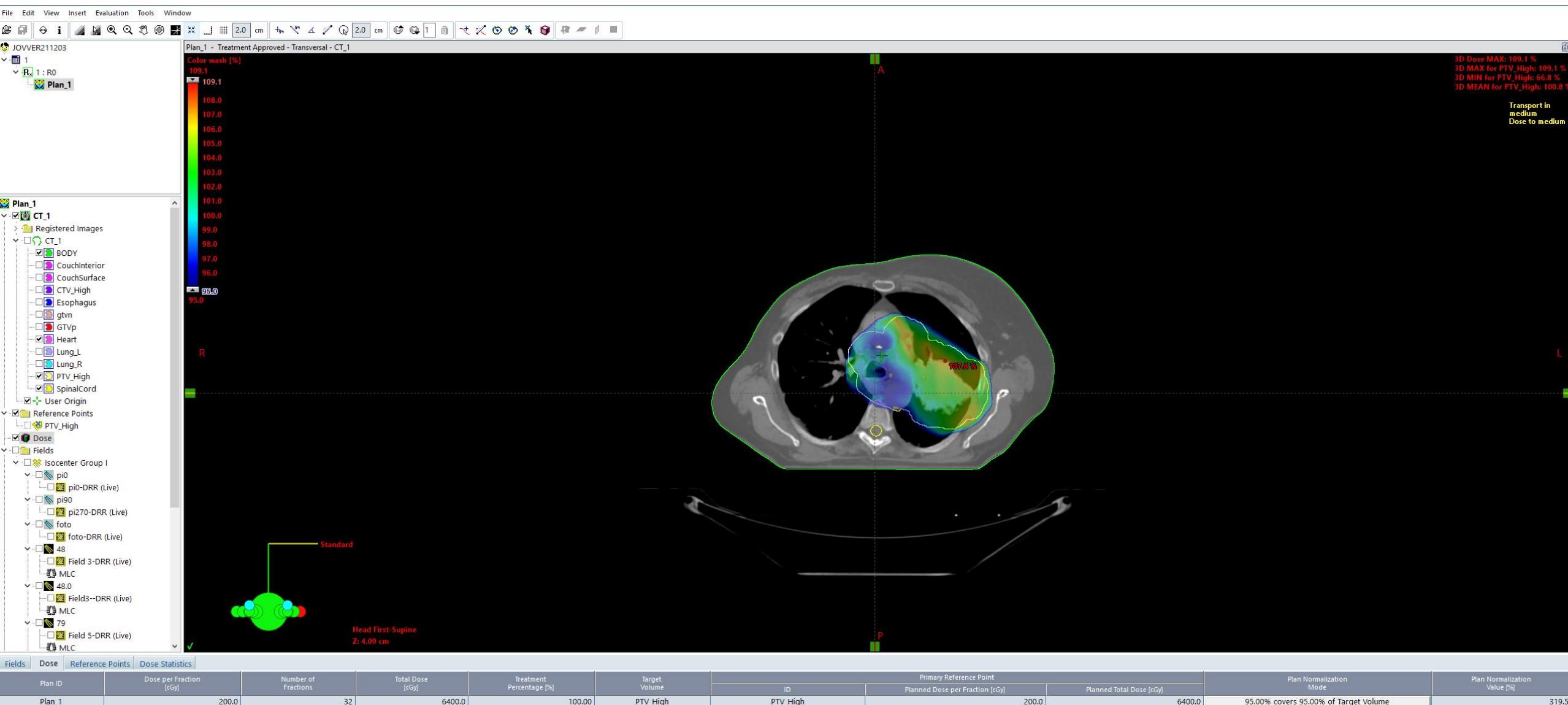


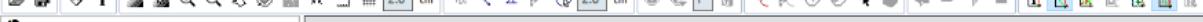


Fields	Dose	Reference Points	Dose Statistics	Group	Field ID	Technique	Machine/Energy	MLC	Field Weight	Scale	Gantry Angle [deg]	Coll Rtn [deg]	Iso Rtn [deg]	Wedge	Field X [cm]	X1 [cm]	X2 [cm]	Field Y [cm]	Y1 [cm]	Y2 [cm]	X [cm]	Y [cm]	Z [cm]	Calculated SSD [cm]	MU	Ref. D [cGy]
				I	pi0	STATIC-I	Elekta3 - 6X		0.000	IEC61217	0.0	0.0	0.0	None	22.0	-11.0	+11.0	18.1	-7.1	+11.0	-0.85	4.05	4.09	85.8		
				I	pi90	STATIC-I	Elekta3 - 6X		0.000	IEC61217	90.0	0.0	0.0	None	18.5	-11.0	+7.5	17.5	-6.5	+11.0	-0.85	4.05	4.09	80.8		
				I	foto	STATIC-I	Elekta3 - 6X		0.000	IEC61217	0.0	0.0	0.0	None	10.4	-5.4	+5.0	12.6	-9.6	+3.0	-0.85	4.05	4.09	85.8		
				I	48	STATIC-I	Elekta3 - 6X	Static	0.419	IEC61217	48.7	0.0	0.0	None	18.3	-7.8	+10.5	11.2	-5.5	+5.7	-0.85	4.05	4.09	81.3	38	56.8
				I	48.0	STATIC-I	Elekta3 - 6X	Static	0.081	IEC61217	48.7	0.0	0.0	None	18.2	-7.3	+10.9	12.0	-6.0	+6.0	-0.85	4.05	4.09	81.3	7	11.1
				I	79	STATIC-I	Elekta3 - 6X	Static	0.329	IEC61217	79.2	0.0	0.0	None	15.0	-8.8	+6.2	10.5	-5.0	+5.5	-0.85	4.05	4.09	80.1	37	56.4
				I	79.0	STATIC-I	Elekta3 - 6X	Static	0.071	IEC61217	79.2	0.0	0.0	None	13.3	-8.1	+5.2	12.0	-6.0	+6.0	-0.85	4.05	4.09	80.1	8	12.6

Ready

User: dr Nedra Milosavljevic Group: Oncologist Site: Main CAP\_NUM SCR

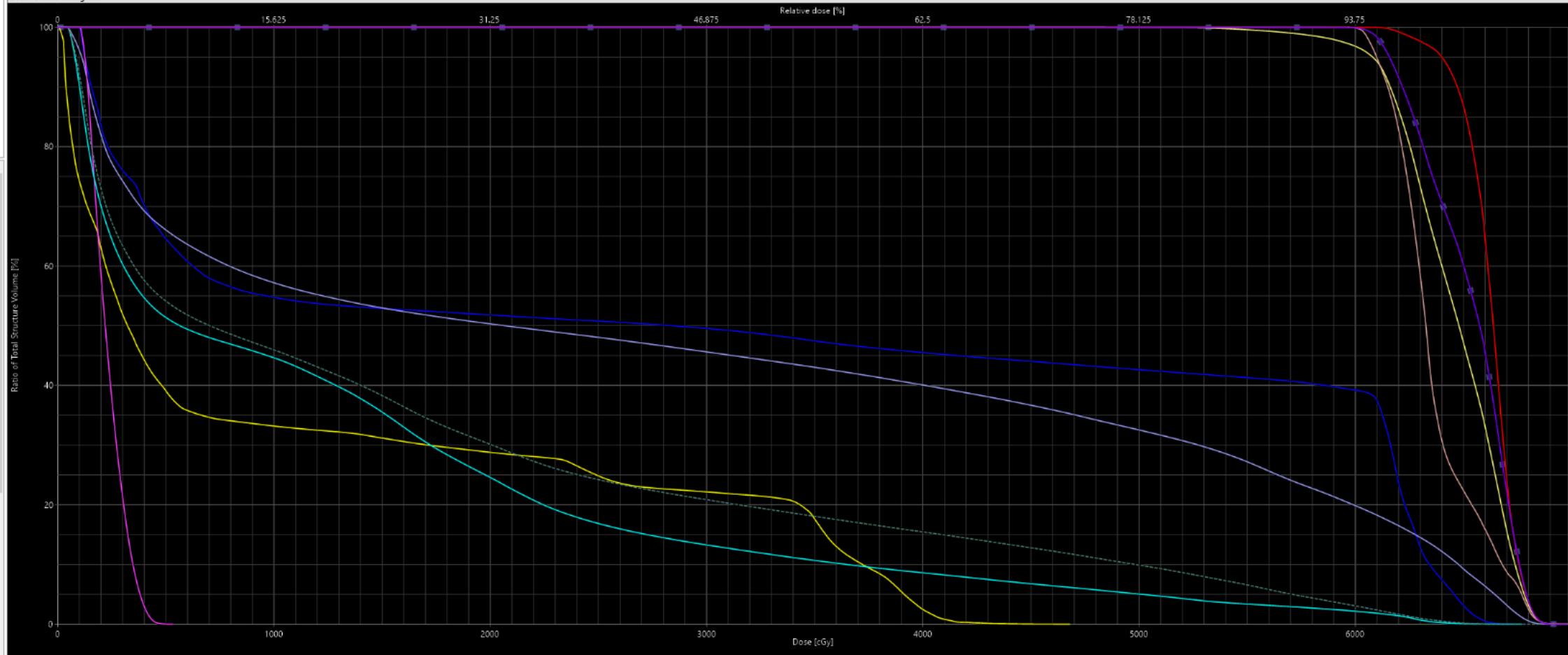




JOVVER211203

 R1 : R0  
 Plan\_1

## Dose Volume Histogram



**Plan\_1**

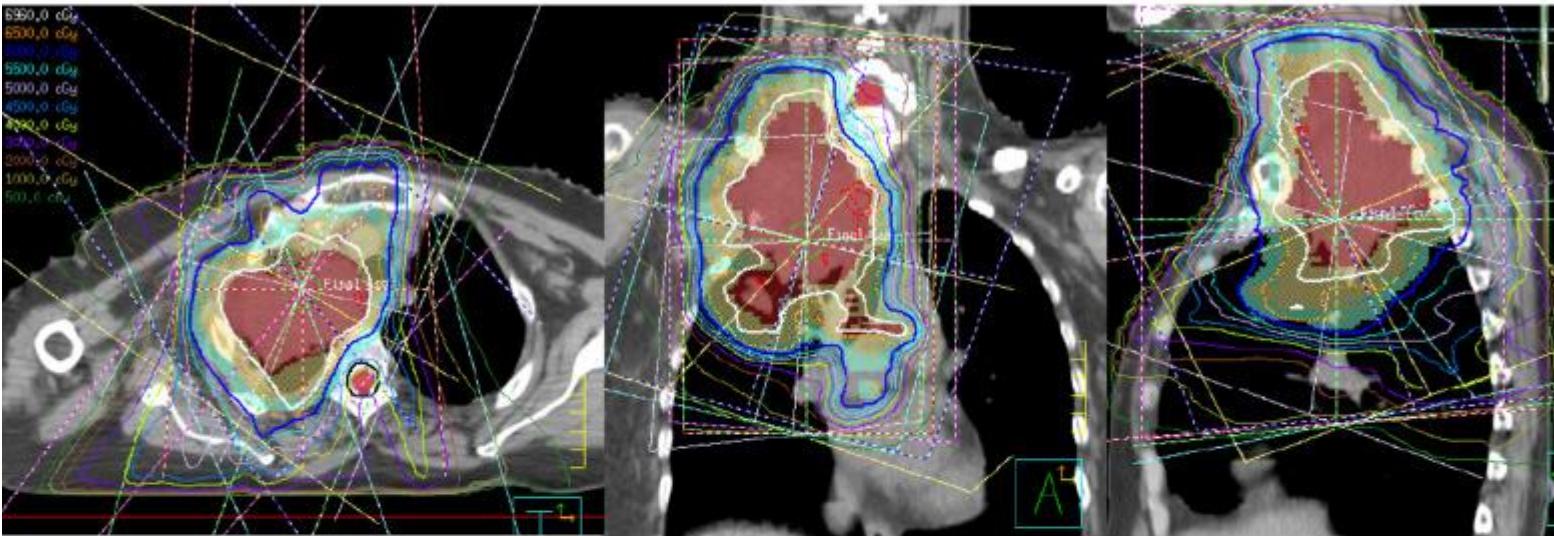
- Registered Images
  - CT\_1
    - BODY
    - CouchInterior
    - CouchSurface
    - CTV\_High
    - Esophagus
    - gtvN
    - gTVp
    - Heart
    - Lung\_L
    - Lung\_R
    - PTV\_High
    - SpinalCord
- User Origin
- Reference Points
  - PTV\_High
- Dose
- Fields
  - Isocenter Group I
    - p0
    - p10-DRR (Live)
    - p100
    - p120-DRR (Live)
    - foto
    - foto-DRR (Live)
    - 48
    - Field 3-DRR (Live)
    - MLC
  - 48.0
    - Field3-DRR (Live)
    - MLC
  - 79
    - Field 5-DRR (Live)

Structure	Approval Status	Plan	Course	Volume [cm³]	Dose Cover[%]	Sampling Cover[%]	Min Dose [cGy]	Max Dose [cGy]	Mean Dose [cGy]	D50% [ % ]	V95.0% [ % ]	V107.0% [ % ]	V107.0% [cm³]	V5320.0cGy [%]	V5985.0cGy [%]	V5992.0cGy [%]	V6650.0cGy [%]
Lung_L	Approved	Plan_1	1	1720.1	100.0	100.0	35.3	6944.9	2876.0	0.0	18.6	0.1	1.3180	29.5	20.1	20.0	4.8
Lung_R	Approved	Plan_1	1	2523.3	100.0	100.0	43.2	6773.6	1331.9	0.0	1.9	0.0	0.0000	3.8	2.2	0.0	0.0
BODY	Approved	Plan_1	1	21699.8	100.0	100.2	1.0	6984.6	1137.3	0.0	4.1	0.0	6.6403	6.1	4.4	0.9	0.1
Esophagus	Approved	Plan_1	1	29.0	100.0	100.2	100.1	6723.9	3170.9	0.0	38.3	0.0	0.0000	41.8	39.3	39.3	0.1
SpinalCord	Approved	Plan_1	1	37.9	100.0	99.4	6.3	4685.6	1195.3	0.0	0.0	0.0	0.0000	0.0	0.0	0.0	0.0
Heart	Approved	Plan_1	1	363.5	100.0	100.0	101.0	535.7	232.4	0.0	0.0	0.0	0.0000	0.0	0.0	0.0	0.0
gTVp	Approved	Plan_1	1	83.5	100.0	100.0	6054.7	6944.7	6621.3	0.0	100.0	0.7	0.5707	100.0	100.0	100.0	44.8
gtvN	Approved	Plan_1	1	27.3	100.0	100.0	5954.0	6984.6	6366.0	0.0	96.5	0.6	0.1578	100.0	100.0	100.0	12.1
CTV_High	Approved	Plan_1	1	277.0	100.0	100.0	5604.9	6984.6	6523.2	0.0	99.0	0.6	1.7779	100.0	99.9	99.9	34.2
PTV_High	Approved	Plan_1	1	710.4	100.0	100.0	4273.5	6984.6	6453.5	0.0	95.0	0.6	4.2090	99.9	97.0	96.9	24.3
= (Lung_L OR Lung_R) S...	Approved	Plan_1	1	3946.6	100.0	100.0	35.3	6857.6	1619.8	1.5	1.5	1.5	1.#QNB	1.5	1.5	1.5	1.5

# INTENSITY MODULATED RADIATION THERAPY - IMRT

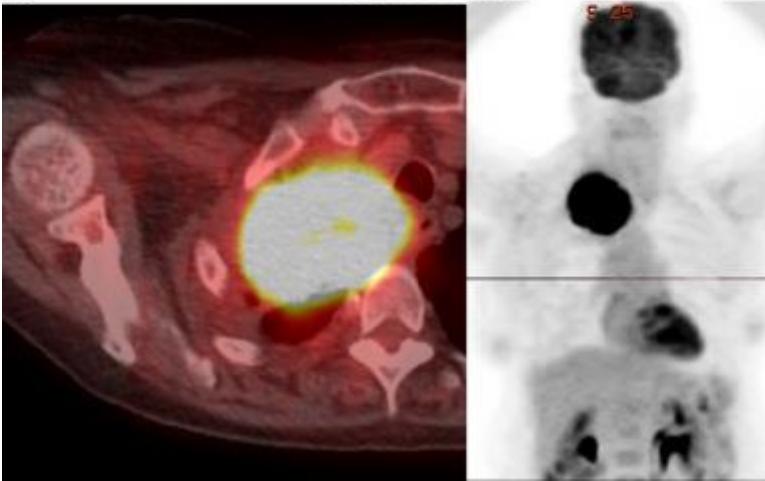
- Konformalna radioterapijska tehnika – eskalacija doze na jasno definisani ciljni volumen i strm gradijent doze prema kritičnim strukturama
- Moguće je da u okviru volumena (tumora) doza varira (nije homogena).
- Zasniva se na primeni više zračnih polja, podeljenih u segmentna polja

A.

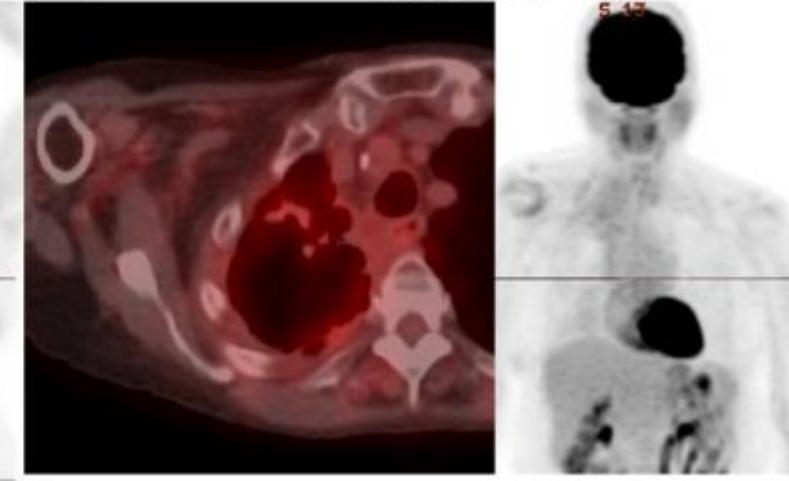


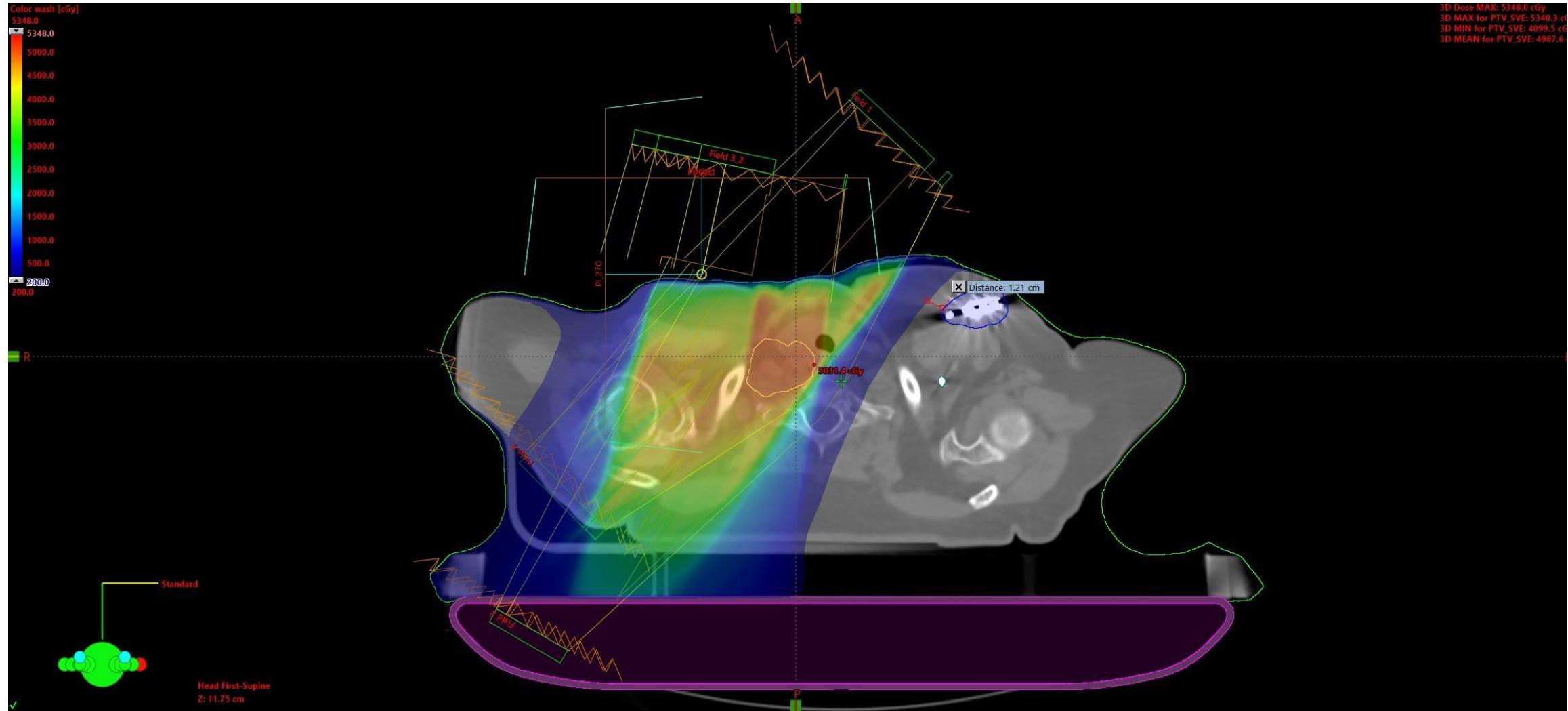
B.

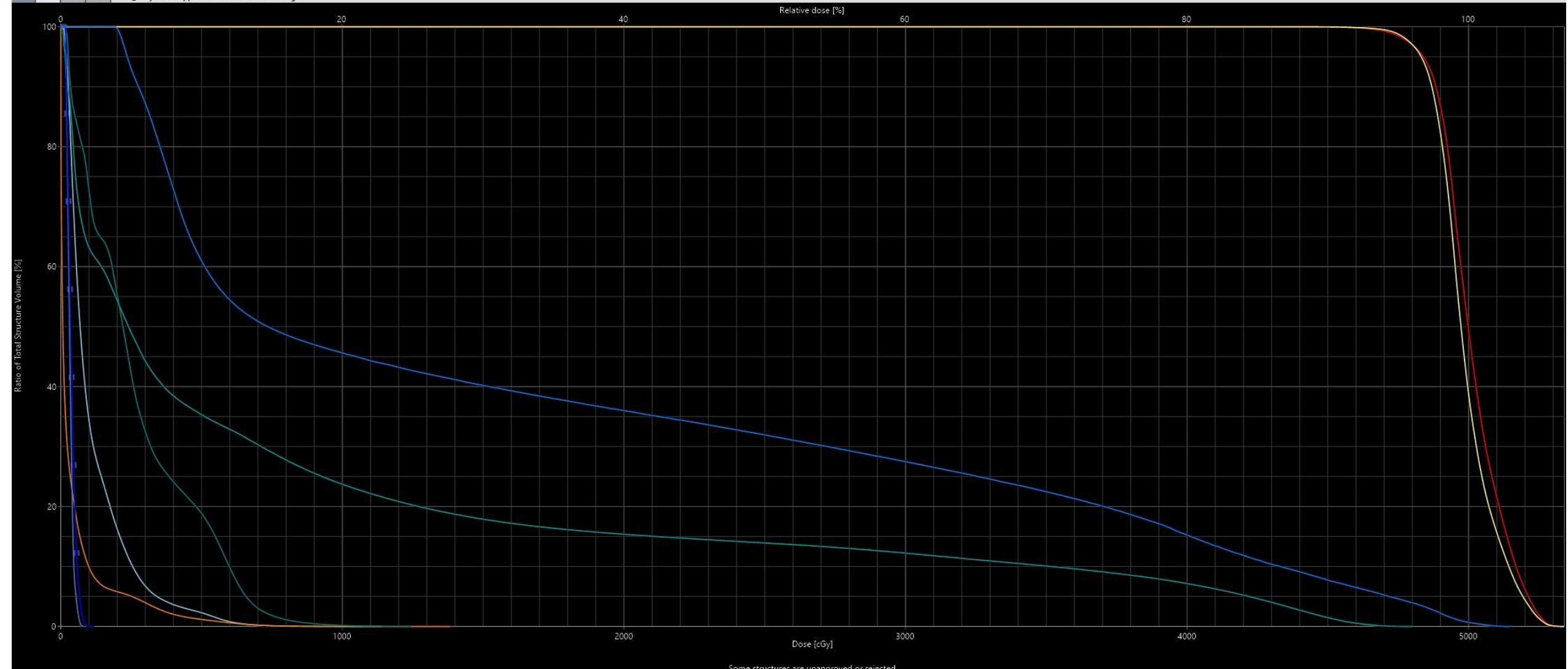
Before IMRT



After IMRT







# Volumetric Modulated Arc Therapy, VMAT

- Omogućava isporuku visoke doze na metu, odnosno tumor, u jednom ili pola luka.
- Obezbeđuje najveću homogenost distribucije doze.
- U poređenju sa IMRT, ima bolju pokrivenost mete i kvalitetniju zaštitu organa od rizika.
- Kraće trajanje tretmana, što direktno smanjuje mogućnost za interfrakcijsko pomeranje organa.
- Mana VMAT tehnike je ta što veći deo zdravog tkiva koji se nalazi u zračnoj regiji prima manju dozu.

File Edit View Measure Structure 4D Tools

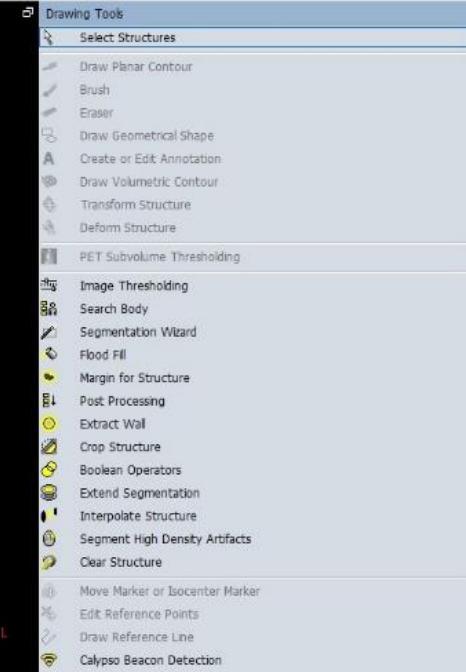
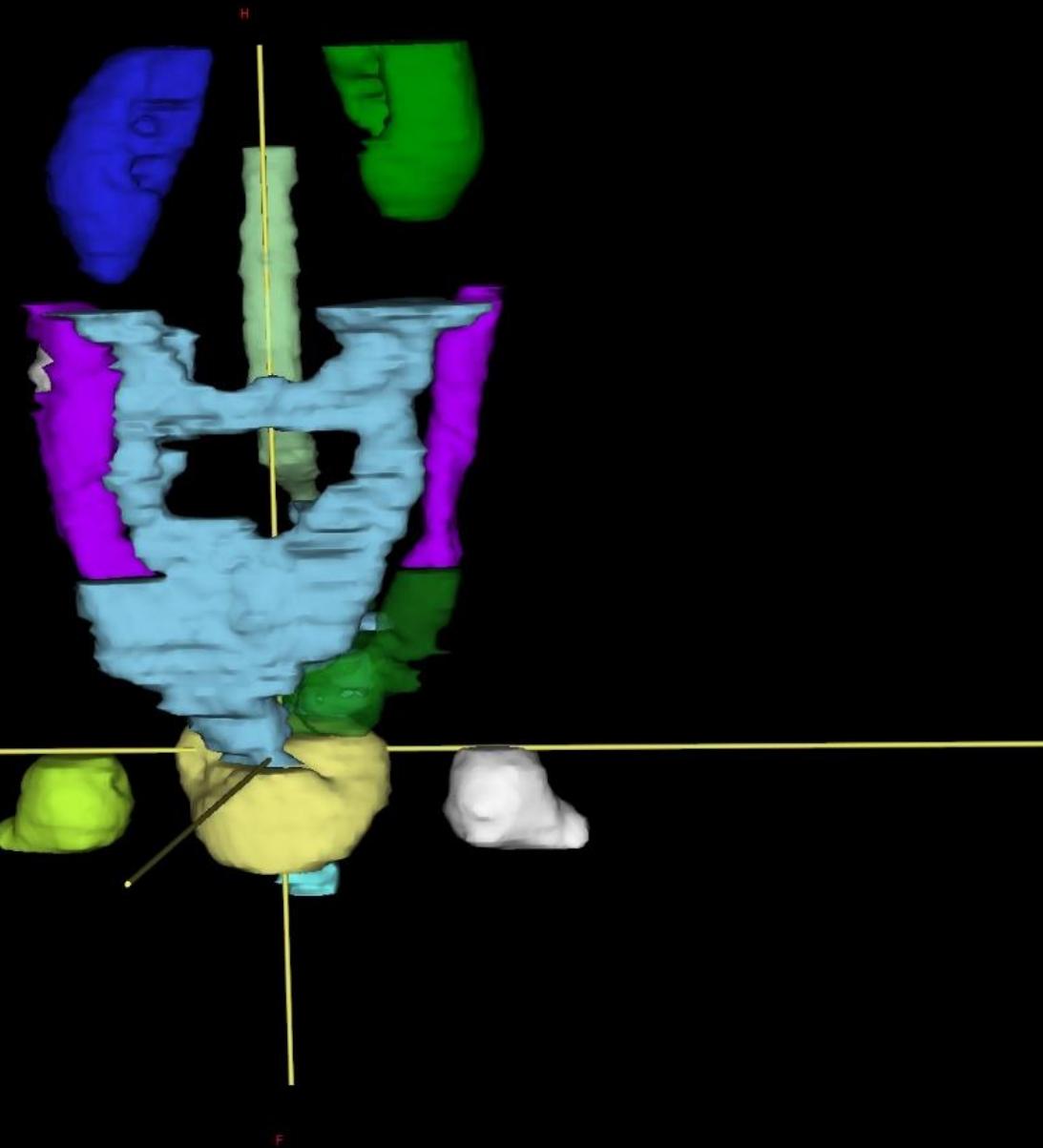


Selection | Contouring | Image Registration | External Beam Planning | Brachytherapy Planning | Brachytherapy 2D Entry | Plan Evaluation

3D - CT\_VarLoc2 - 3/11/2019 9:16 AM



CT Image	CT	RA1	RA1	CBCT 1	CT_VacLoc1	CT_VacLoc2	CT test	CBCT 1
	2/25/2019	3/1/2019	3/1/2019	3/6/2019	3/11/2019	3/14/2019	3/12/2019	



File Edit View Measure Structure 4D Tools

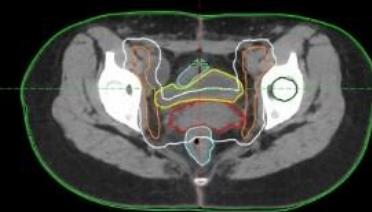


Selection Contouring Image Registration External Beam Planning Brachytherapy Planning Brachytherapy 2D Entry Plan Evaluation

Transversal - CT\_VacLoc2 - 3/11/2019 9:16 AM



- CT\_VacLoc2
- Bladder
- BODY
- Colon
- CouchInterior
- CouchSurface
- CTV\_High
- CTV\_Intermediate
- FemoralBony\_L
- FemoralBony\_R
- Kidney\_L
- Kidney\_R
- PTV\_def
- Rectum
- seroma
- SmallBowel
- SpinalCord
- sigma
- User Origin



Standard, HFS

Z: -1.50 cm

(oncology\mnia 3/12/2019 9:16 AM) ✓

Sagittal - CT\_VacLoc2 - 3/11/2019 9:16 AM



R

H

L

P

F

Y: 2.29 cm

X: -0.02 cm

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A

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File Edit View Measure Structure 4D Tools

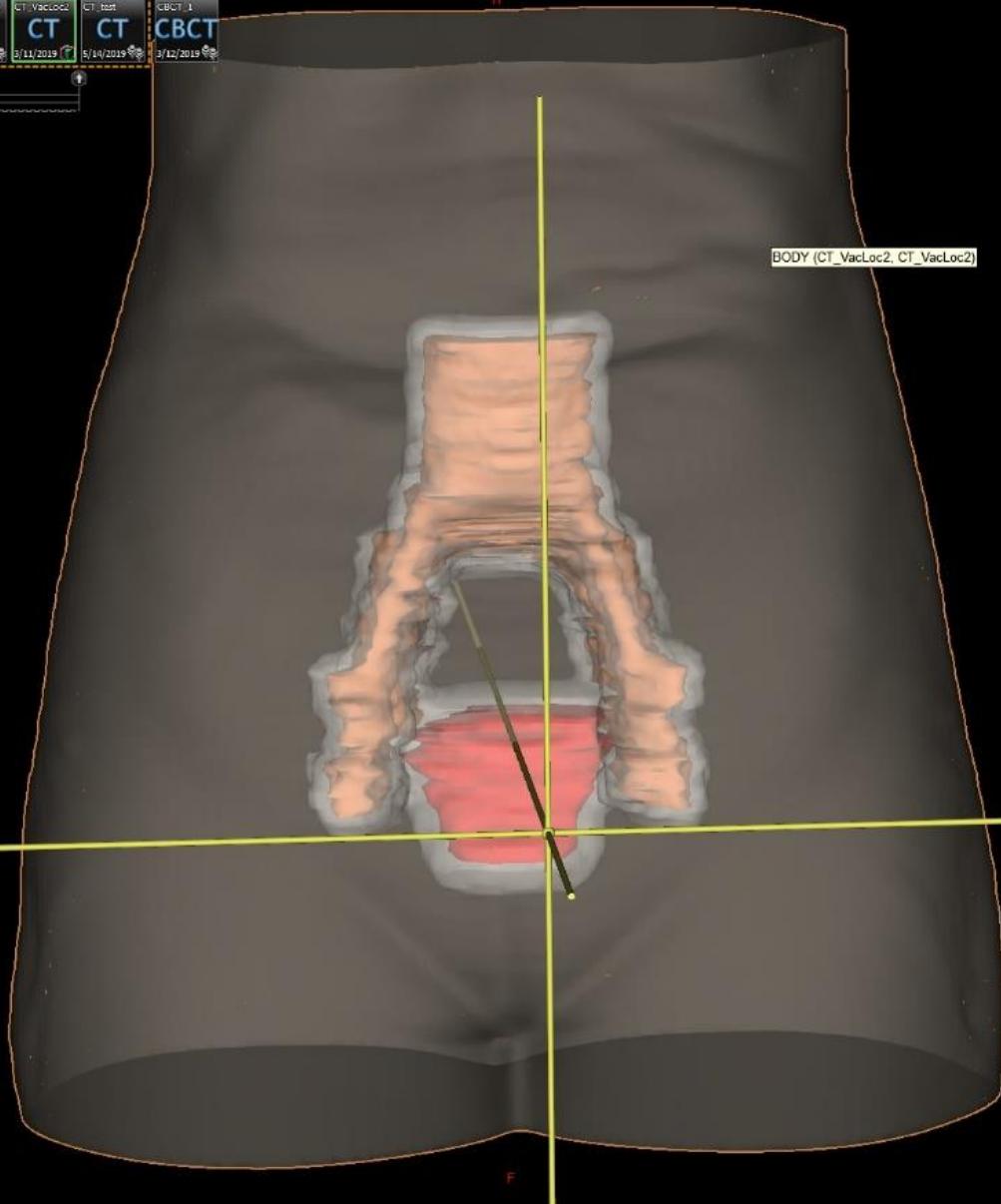


Selection | Contouring | Image Registration | External Beam Planning | Brachytherapy Planning | Brachytherapy 2D Entry | Plan Evaluation

3D - CT\_VacLoc2 - 3/11/2019 9:16 AM



CT Image	CT 1	RA	RA1	CBCT 1	CT_VacLoc2	CT_VacLoc2	CT test	CBCT 1
	2/25/2019	3/1/2019	3/1/2019	3/6/2019	3/11/2019	3/14/2019	3/12/2019	



BODY (CT\_VacLoc2, CT\_VacLoc2)

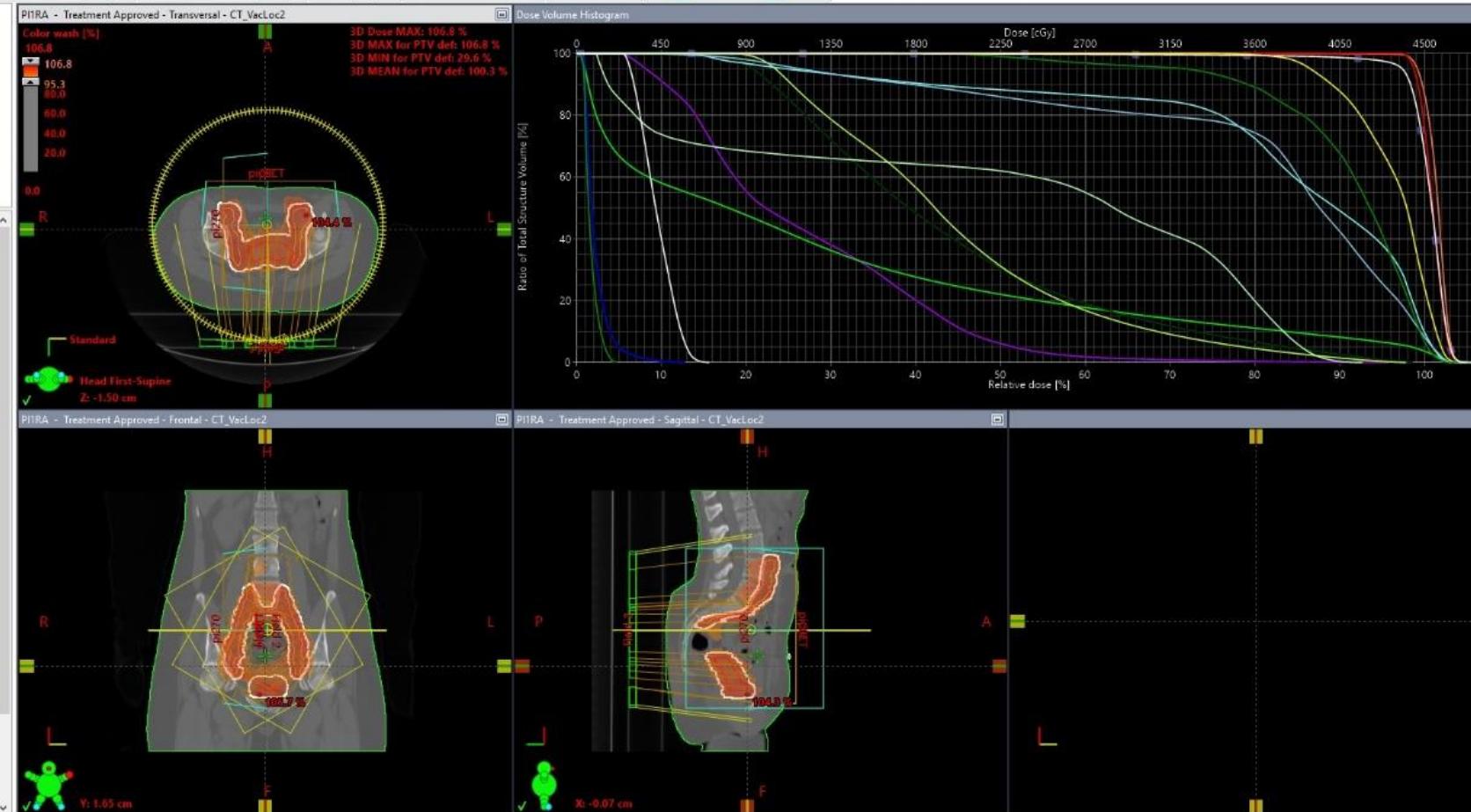
- Drawing Tool
- Select Structures
- Draw Planar Contour
  - Brush
  - Eraser
  - Draw Geometrical Shape
  - Create or Edit Annotation
  - Draw Volumetric Contour
  - Transform Structure
  - Deform Structure
- PET Subvolume Thresholding
- Image Thresholding
  - Search Body
  - Segmentation Wizard
  - Flood Fill
  - Margin for Structure
  - Post Processing
  - Extract Wall
  - Crop Structure
  - Boolean Operators
  - Extend Segmentation
  - Interpolate Structure
  - Segment High Density Artifacts
  - Clear Structure
- Move Marker or Isocenter Marker
- Edit Reference Points
- Draw Reference Line
- Calypso Beacon Detection



TRIVA190225

C

PI1RA



Fields Dose Reference Points Dose Statistics

Show DVH	Structure	Approval Status	Plan	Course	Volume [cm³]	Dose Cover. [%]	Sampling Cover. [%]	Min Dose [%]	Max Dose [%]	Mean Dose [%]
✓	CTV_Intermediate	Approved	PI1RA	C	257.2	100.0	100.0	77.8	105.0	101.4
✓	CTV_High	Approved	PI1RA	C	57.0	100.0	100.0	97.0	105.1	100.9
✓	Colon	Approved	PI1RA	C	69.0	100.0	100.1	4.7	95.8	26.6
✓	Bladder	Approved	PI1RA	C	81.7	100.0	100.0	72.8	105.0	96.3
✓	BODY	Approved	PI1RA	C	17716.9	100.0	100.0	0.2	106.8	28.8
✓	FemoralJoint_L	Approved	PI1RA	C	42.5	100.0	100.0	16.9	98.6	43.7
✓	FemoralJoint_R	Approved	PI1RA	C	43.1	100.0	100.0	17.4	97.8	44.7
✓	Kidney_R	Approved	PI1RA	C	114.4	100.0	99.8	0.4	12.9	2.2
✓	Rectum	Approved	PI1RA	C	36.1	100.0	100.0	13.2	103.1	82.4
✓	SmallBowel	Approved	PI1RA	C	335.8	100.0	100.1	0.0	104.5	80.4
✓	SpinalCord	Approved	PI1RA	C	34.3	100.0	100.1	2.3	92.6	50.1
✓	sygma	Approved	PI1RA	C	117.9	100.0	100.0	42.3	103.9	90.7
✓	Kidney_L	Approved	PI1RA	C	84.7	100.0	99.8	0.4	4.8	1.6
✓	seroma	Approved	PI1RA	C	37.1	100.0	100.0	5.4	15.7	9.4
✓	PTV def	Approved	PI1RA	C	880.1	100.0	100.0	29.6	106.8	100.3



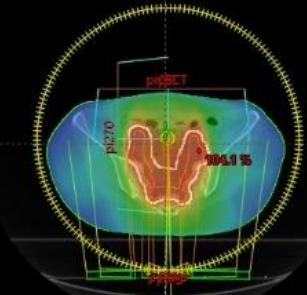
TRIVIA190225

C  
PI1RA

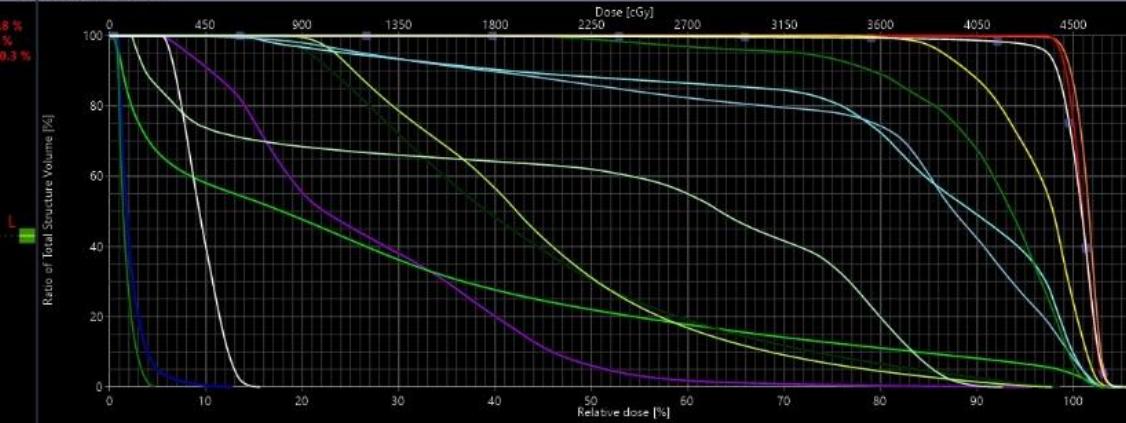
PI1RA - Treatment Approved - Transversal - CT\_VacLoc2

Color wash (%)  
106.8  
80.0  
60.0  
40.0  
20.0  
0.0

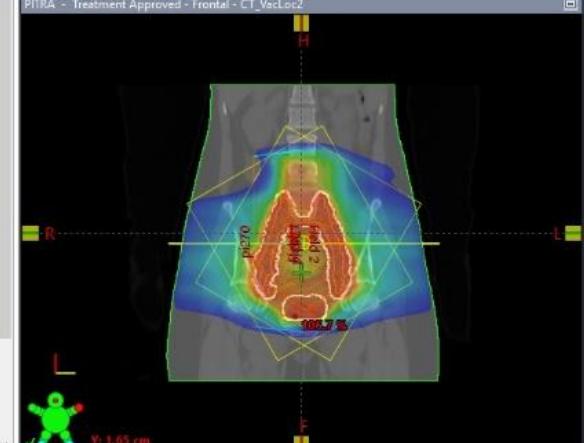
3D Dose MAX: 106.8 %  
3D MAX for PTV def: 106.8 %  
3D MIN for PTV def: 29.6 %  
3D MEAN for PTV def: 100.3 %



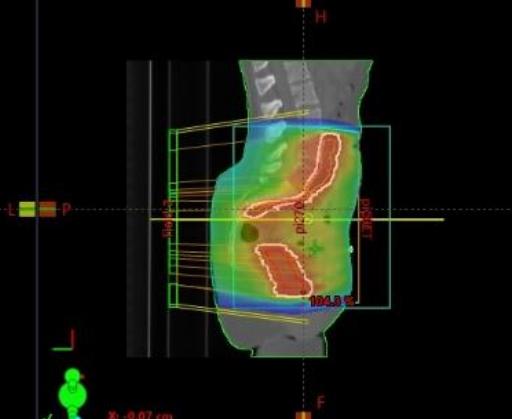
Dose Volume Histogram



PI1RA - Treatment Approved - Frontal - CT\_VacLoc2



PI1RA - Treatment Approved - Sagittal - CT\_VacLoc2



PI1RA

- CT\_VacLoc2
- Registered Images
- CT\_VacLoc2
- Bladder
- BODY
- Colon
- CouchInterior
- CouchSurface
- CTV\_High
- CTV\_Intermediate
- FemoralJoint\_L
- FemoralJoint\_R
- Kidney\_L
- Kidney\_R
- PTV\_def
- Rectum
- seroma
- SmallBowel
- SpinalCord
- sigma
- User Origin
- Reference Points
- PTV\_def
- Dose
- Fields
- Isocenter Group I
- pi270
- pi270-DRR (Live)
- pi0
- pi0-DRR (Live)
- picBCT
- picBCT-DRR (Live)
- Field 2

Dose Reference Points Dose Statistics

Show DVH	Structure	Approval Status	Plan	Course	Volume [cm³]	Dose Cover. [%]	Sampling Cover. [%]	Min Dose [%]	Max Dose [%]	Mean Dose [%]
<input checked="" type="checkbox"/>	CTV_Intermediate	Approved	PI1RA	C	257.2	100.0	100.0	77.8	105.0	101.4
<input checked="" type="checkbox"/>	CTV_High	Approved	PI1RA	C	57.0	100.0	100.0	97.0	105.1	100.9
<input checked="" type="checkbox"/>	Colon	Approved	PI1RA	C	69.0	100.0	100.1	4.7	95.8	26.6
<input checked="" type="checkbox"/>	Bladder	Approved	PI1RA	C	81.7	100.0	100.0	72.8	105.0	96.3
<input checked="" type="checkbox"/>	BODY	Approved	PI1RA	C	17716.9	100.0	100.0	0.2	106.8	28.8
<input checked="" type="checkbox"/>	FemoralJoint_L	Approved	PI1RA	C	42.5	100.0	100.0	16.9	98.6	43.7
<input checked="" type="checkbox"/>	FemoralJoint_R	Approved	PI1RA	C	43.1	100.0	100.0	17.4	97.8	44.7
<input checked="" type="checkbox"/>	Kidney_R	Approved	PI1RA	C	114.4	100.0	99.8	0.4	12.9	2.2
<input checked="" type="checkbox"/>	Rectum	Approved	PI1RA	C	36.1	100.0	100.0	13.2	103.1	82.4
<input checked="" type="checkbox"/>	SmallBowel	Approved	PI1RA	C	335.8	100.0	100.1	0.0	104.5	80.4
<input checked="" type="checkbox"/>	SpinalCord	Approved	PI1RA	C	34.3	100.0	100.1	2.3	92.6	50.1
<input checked="" type="checkbox"/>	sigma	Approved	PI1RA	C	117.9	100.0	100.0	42.3	103.9	90.7
<input checked="" type="checkbox"/>	Kidney_L	Approved	PI1RA	C	84.7	100.0	99.8	0.4	4.8	1.6
<input checked="" type="checkbox"/>	seroma	Approved	PI1RA	C	37.1	100.0	100.0	5.4	15.7	9.4
<input checked="" type="checkbox"/>	PTV_def	Approved	PI1RA	C	880.1	100.0	100.0	29.6	106.8	100.3

Ready

User: dr Neda Milosavljevic

Group: Oncologist

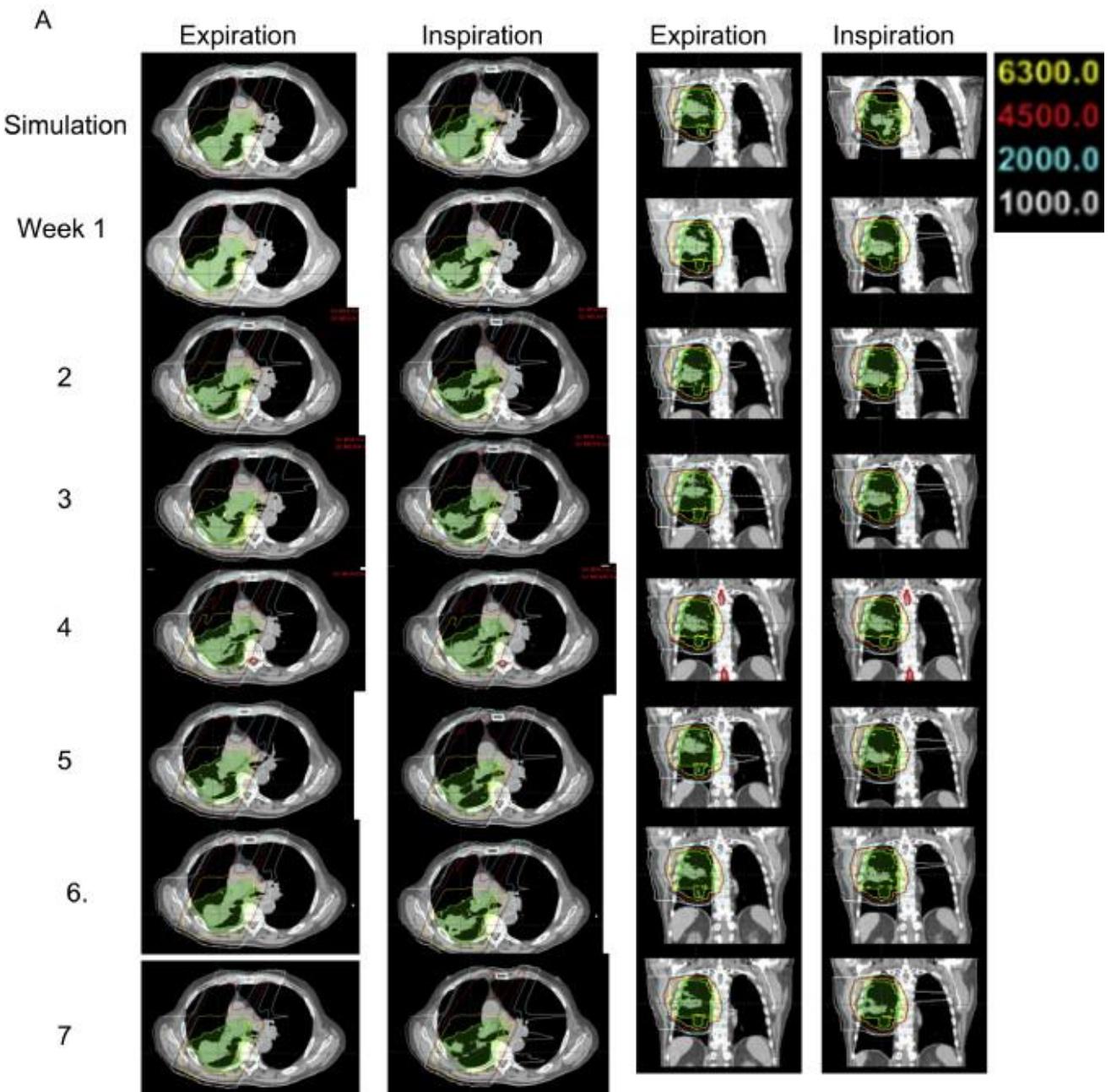
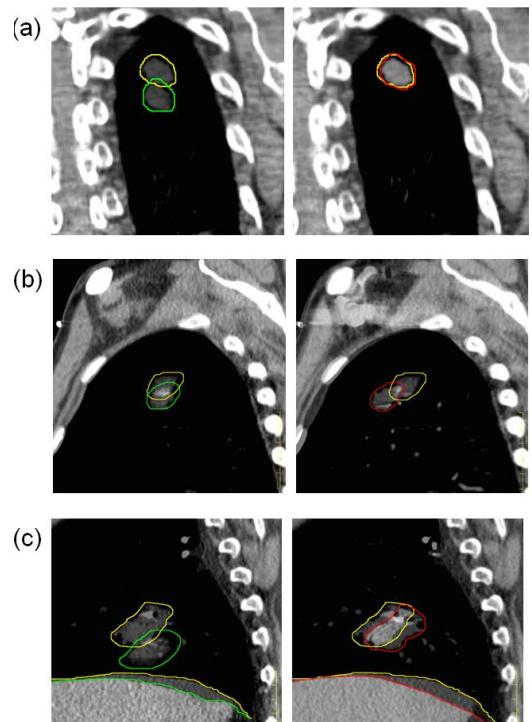
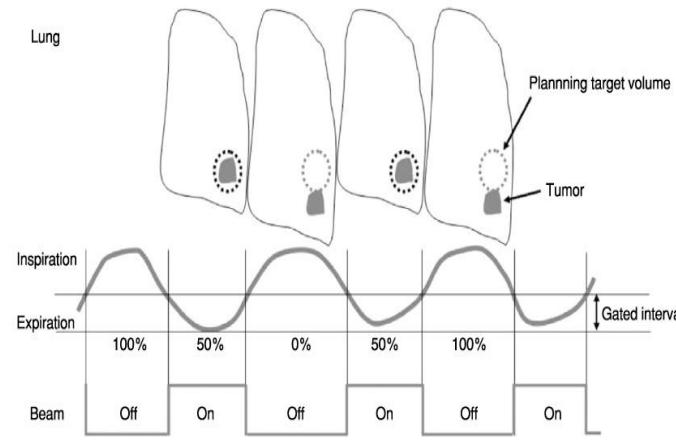
Site: Main

CAP NUM SCR

1:08 PM

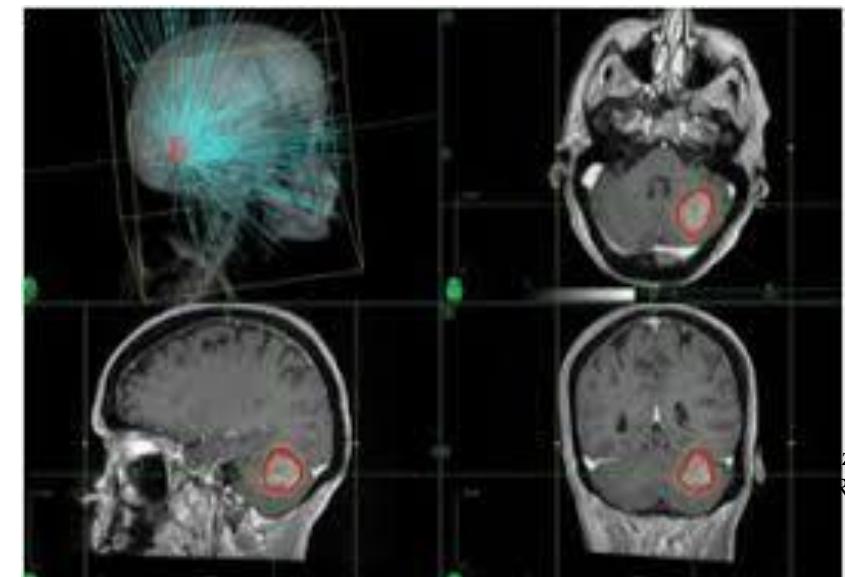
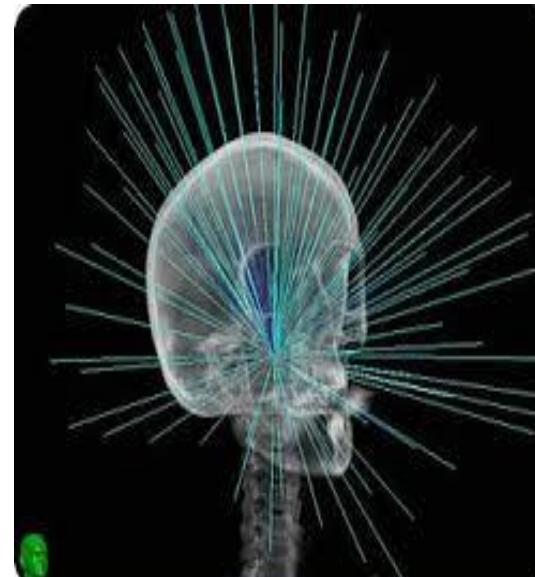
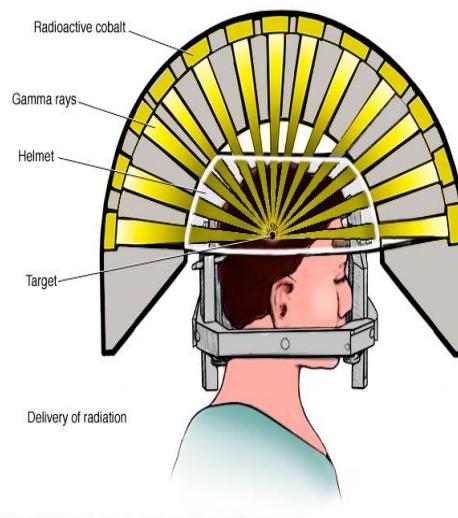
5/8/2020

- Dodatna preciznost svih navedenih tehnika se postiže primenom jedne od sledećih tehnika tretmana:
  - **zadržavanje daha**
  - **adaptivno disanje (respiratory gating)**
  - **slobodno disanje**
- **Respiratory gating** je tehnika kojom se koristi fiducijalni marker na zidu grudnog koša.



# STEREOTAKTIČNA RADIOTERAPIJA

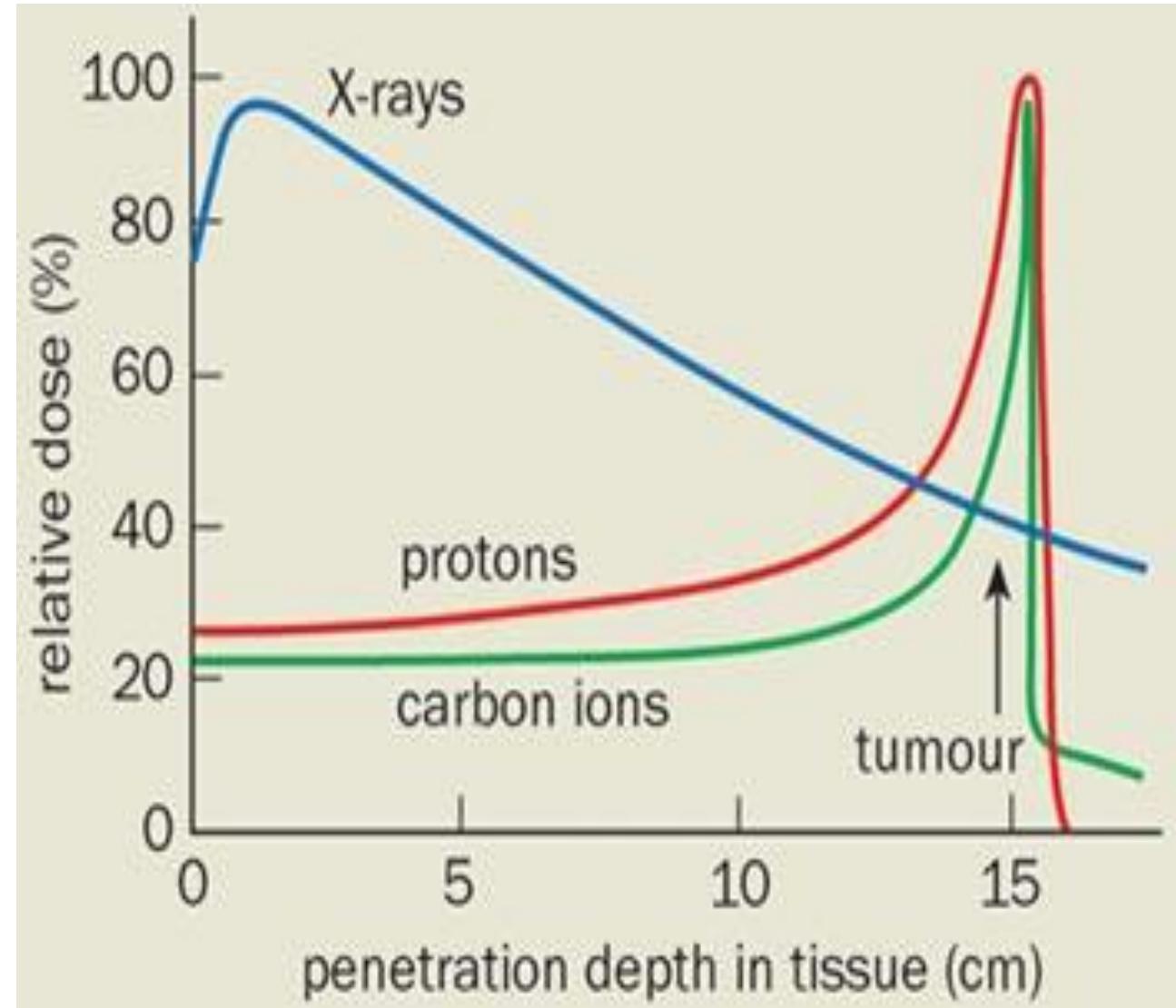
- Visoko fokusiran tretman na male, dobro definisane mete bilo u jednoj frakciji (20Gy), ili u 1-4 frakcije (6Gy, 7Gy, 8Gy)
- Najčešće kod solitarnih meta promena, reiradijacija



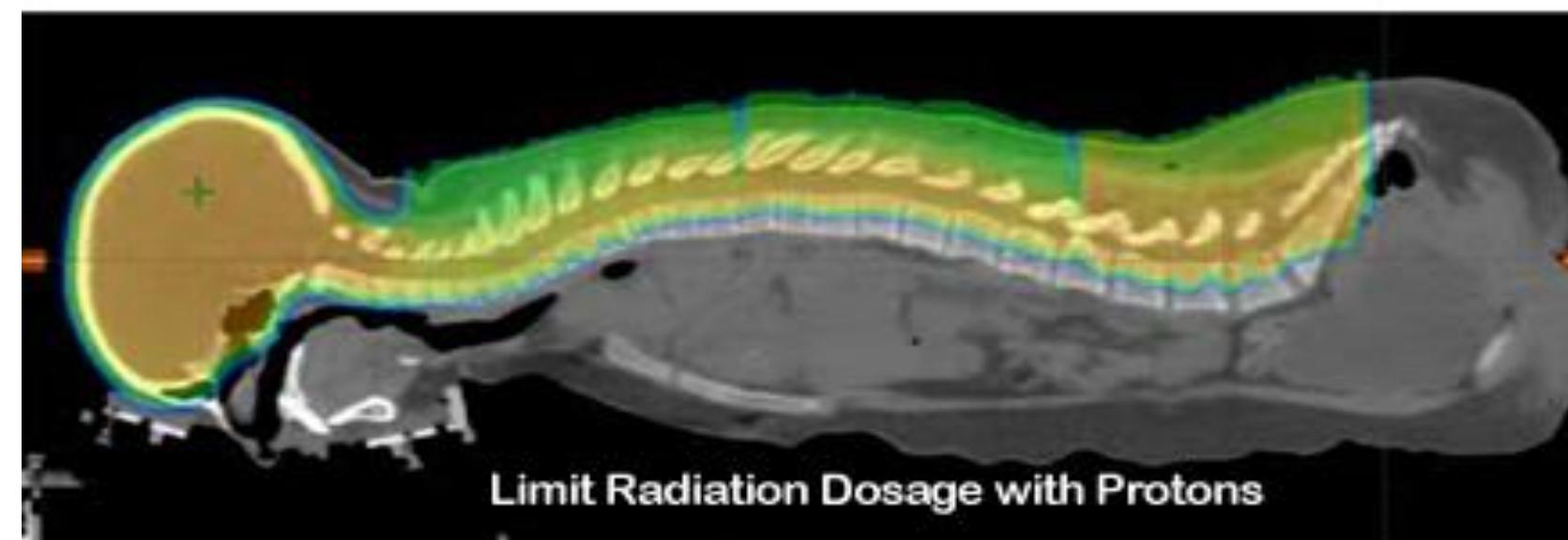
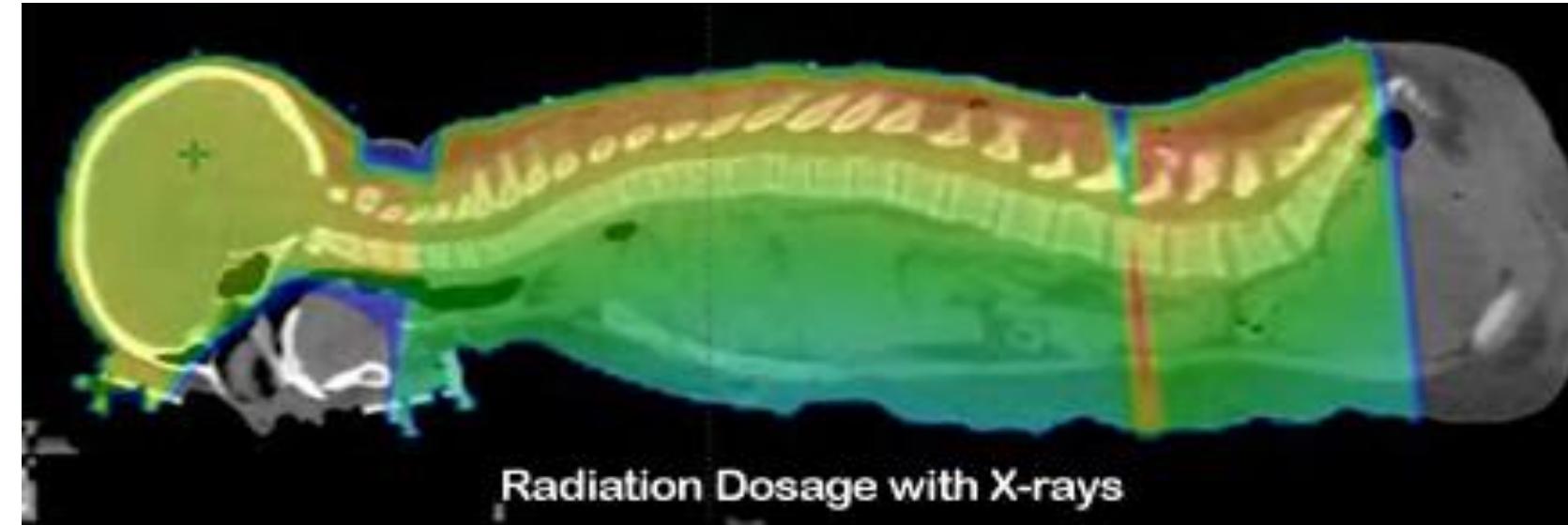
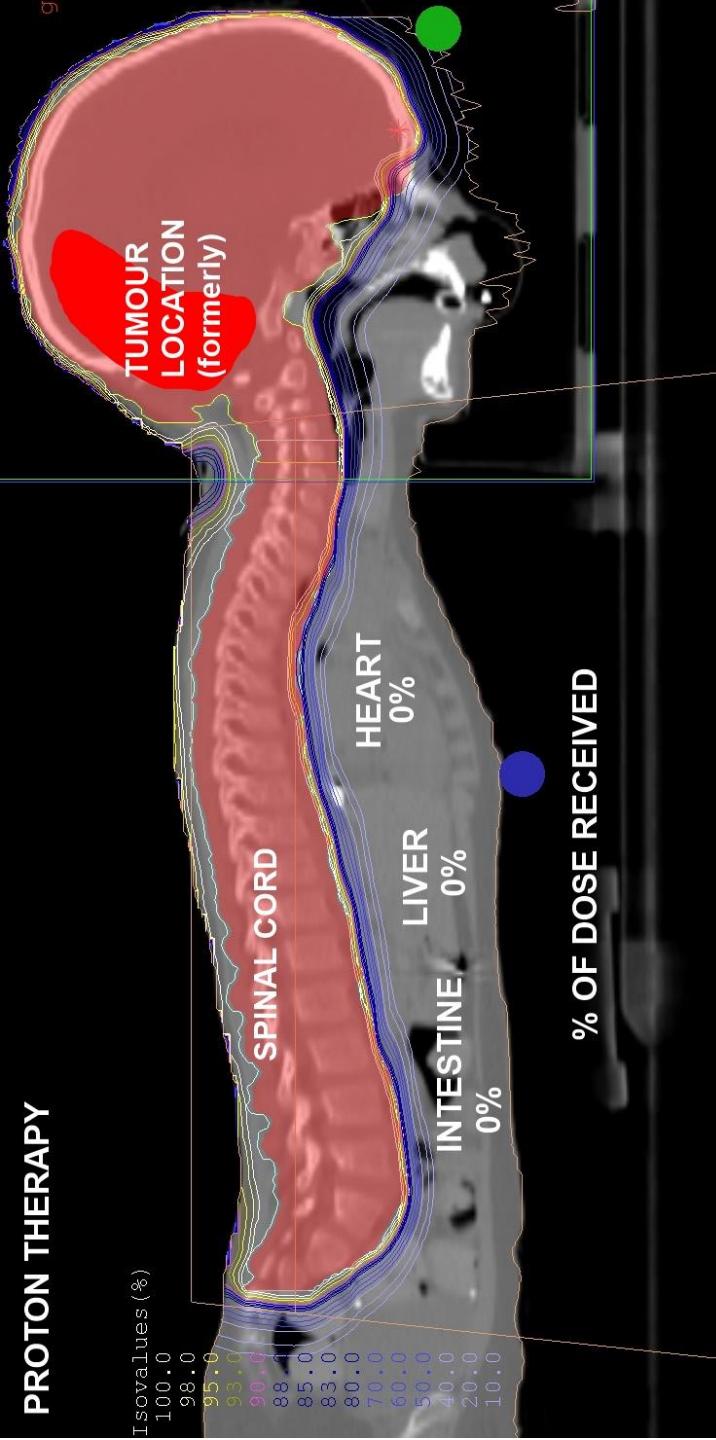
zvor: Mayo Clinic. SRS.  
Radiosurgery.gr

# PROTONSKA TERAPIJA

- Karakteristična distribucije doze u ciljnog volumenu omogućava postizanje tumorske doze na određenoj dubini u tkivu uz poštenu normalnih struktura ispred i iza.
- Indikacije za zračenje tumora određenih lokalizacija – baza lobanje, CSI, retretman
- Nedostatak - cena mašine

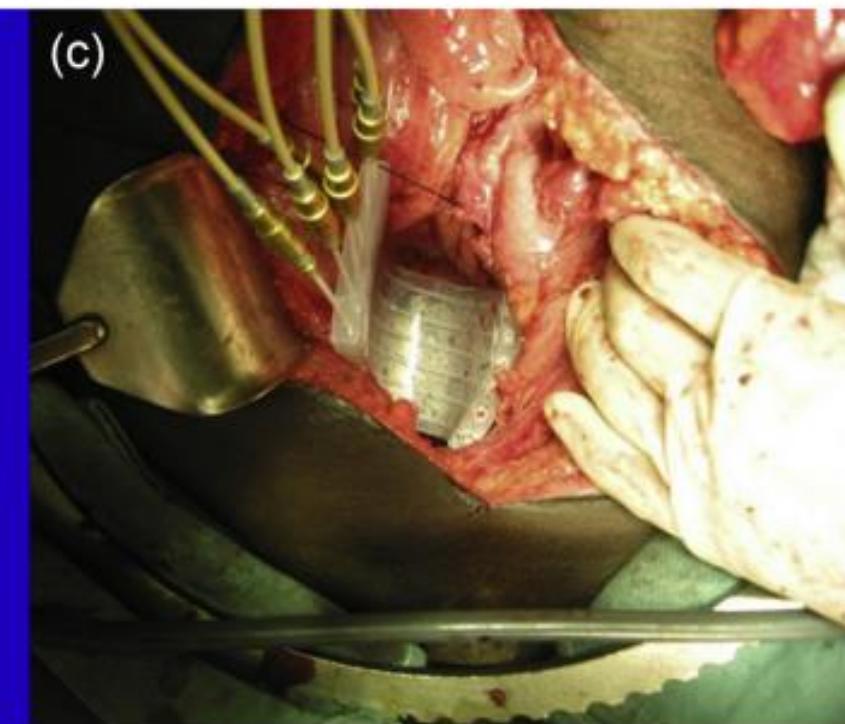
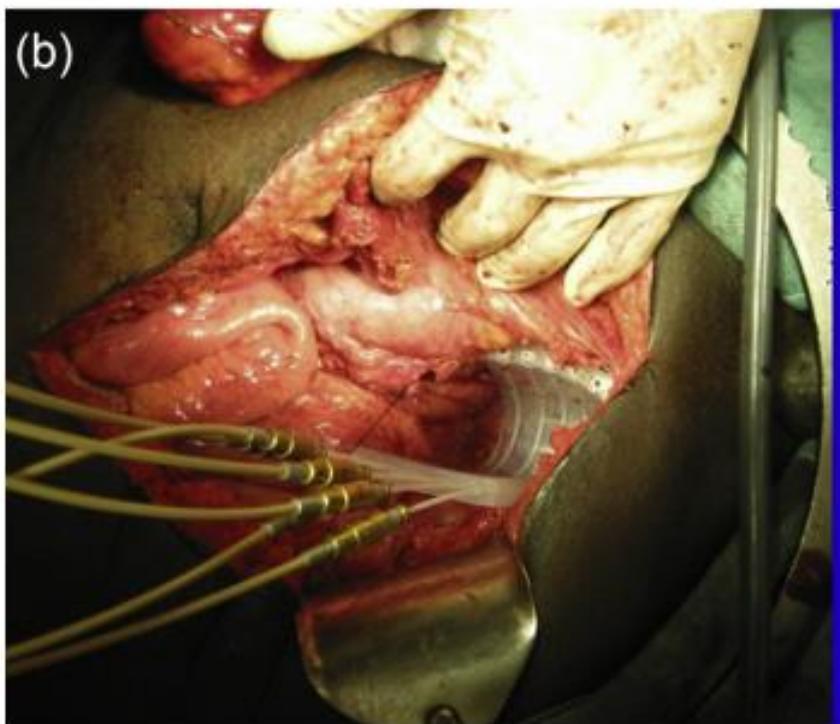
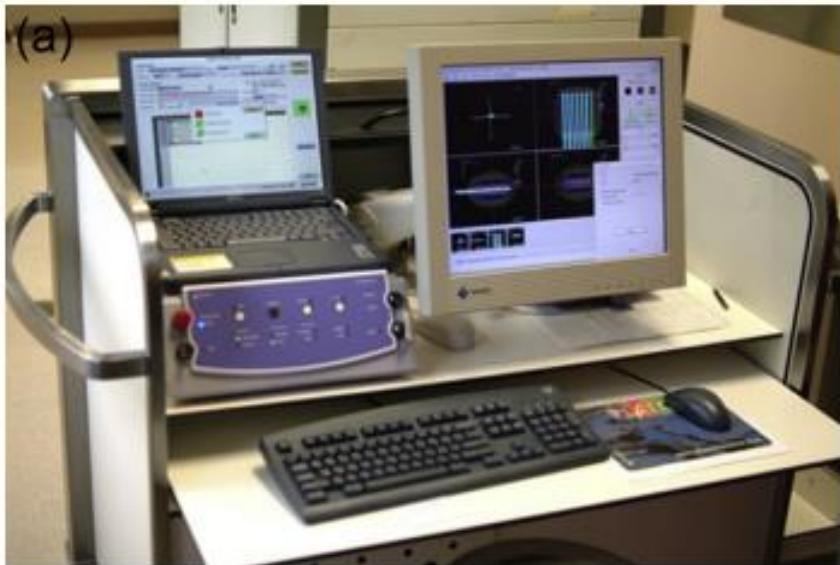


## PROTON THERAPY



# INTRAOPERATIVE RADIOTHERAPY (IORT)

- Intraoperativna radioterapija (IORT) podrazumeva isporuku radioterapijske doze u jednoj frakciji direktno na ležište tumora tokom operativnog zahvata.
- Radioterapija se sprovodi direktnom vizualizacijom ležišta tumora tokom hirurške intervencije.
- Nedostatak IORT je što je definitivni Ph nalaz dostupan nakon sprovedene intervencije, te se ne mogu sa sigurnošću definisati resekcione margine



# BRAHITERAPIJA

- Preciznim pozicioniranjem radioaktivnog izvora u neposrednoj blizini tumora (do 2 cm) moguće je aplikovanje visoke doze zračenja na ciljni volumen.
- Zbog strmog perifernog pada doze, zdravo tkivo u neposrednoj blizini, je manje ozračeno od tumora, pa je i njegovo oporavljanje lakše
- Volumna doza je manja od one u transkutanoj radioterapiji, pa su rizici za lokalno i sistemsko oštećenje organizma znatno manji.

# Podela brahiterapije prema mestu aplikovanja izvora zračenja

- Površinska (kontaktna) brahiterapija izvodi se dovođenjem izvora u neposrednu blizinu, za zračenje tumora lokalizovanih na koži i vidljivim sluzokožama.
- Intrakavitarna (intraluminarna/endoluminalna) uvođenjem radioizotopa u prirodne tjelesne šupljine pomoću vodiča/aplikatora.
- Intersticijalna brahiterapija gdje se izvori zračenja uvode direktno u tumor, kroz šuplje vodiče u obliku igala, koje se zabadaju u tumorsko tkivo ili ubacivanjem radioaktivnih zrnaca u tumor.

